Accredited by NAAC with 'A' grade
Approved by AICTE
Recognized under 2(f) and 12(b) of the UGC Act
www.tjohncollege.com

Institutional efforts/initiatives in providing an inclusive environment



Bannerghatta Road, Gottigere,

Bangalore- 560083

Careers After Graduation in India & Abroad SEMINAR WRITE UP

Date:25-11-2021

On **25 th November, 2021,** the Training and Placement Cell in Association with IMS Learning Resources Pvt Ltd hosted an seminar on "***Careers After Graduation in India & Abroad"***

About IMS Learning Resources Pvt Ltd.

IMS Learning is an India-based training academy preparing students for entrance examinations for competitive exams and professional courses.
They specialise in trainings for competitive exams like CAT, GMAT, GRE, SLAT, TOEFL IELTS etc.
Every year in IMS more than 75,000 enrol into their various courses to secure admissions into premier colleges colleges in India & Abroad

The Guests:

Mr.Cherian Thomas -Chief Mentor at IMS Learning Resources (IIM-Lucknow Alumnus)

Mr Swadhin Sahu - Academic Head - IMS Learning Resources (IIT-Madras & IIM Lucknow Alumnus)

The participants belonged to BBA, B.Com, BCA, MBA, M.Com, & MCA courses.
It was very interactive session wherein students got complete clarity as to the criteria required and the processes to be followed for getting admissions in various courses.




T. JOHN


T. JOHN





www.tjohcollege.com

Guest Talk - Front Office - Importance of travel and tourism in hotel industry by. Dr. Bhargavi.

Date:18-11-2021

The Department of Hotel Management – T. John College organized a guest talk (Webinar) on 18-11-2021 for the current 1st semester students. The speaker for the day was Dr. Bhargavi, Manager at International Travel House ltd, at Hotel ITC Grand Chola, Chennai. The topic for the day was "Importance of travel and tourism in hotel industry". Dr. Bhargavi, spoke about the future of travel industry, the trends that define hospitality post-COVID-19 and also explained on how the *concepts of travel and tourism are closely linked.* Dr. Bhargavi *also explained the various sectors* **and companies within the Travel and Tourism Industry.**

The session was very informative and students were inspired.





Hotel Management celebrated ALOHA NOVATO

Date:30-10-2021

T. John College, Department of Hotel Management, celebrated Rookies day on October 30th 2021 at the college church auditorium. The venue was decorated by the seniors for the important day and the new students were welcomed to the BHM family. The program started with a welcome speech by our beloved Principal, Sr. Rose Mary and followed by HOD Mr. Siby Mathew who addressed the gathering and thanked the management for the exceptional support.

Senior students arranged many activities for the new comers which included cake cutting and cultural events where everyone got a chance to showcase their talent.

Refreshments were served in between the program.

Everyone enjoyed the memorable day, which was concluded with lunch.


T.JOHN
COLLEGE
DEPARTMENT OF
HOTEL MANAGEMENT


FRESHER'S

Sketching Competition

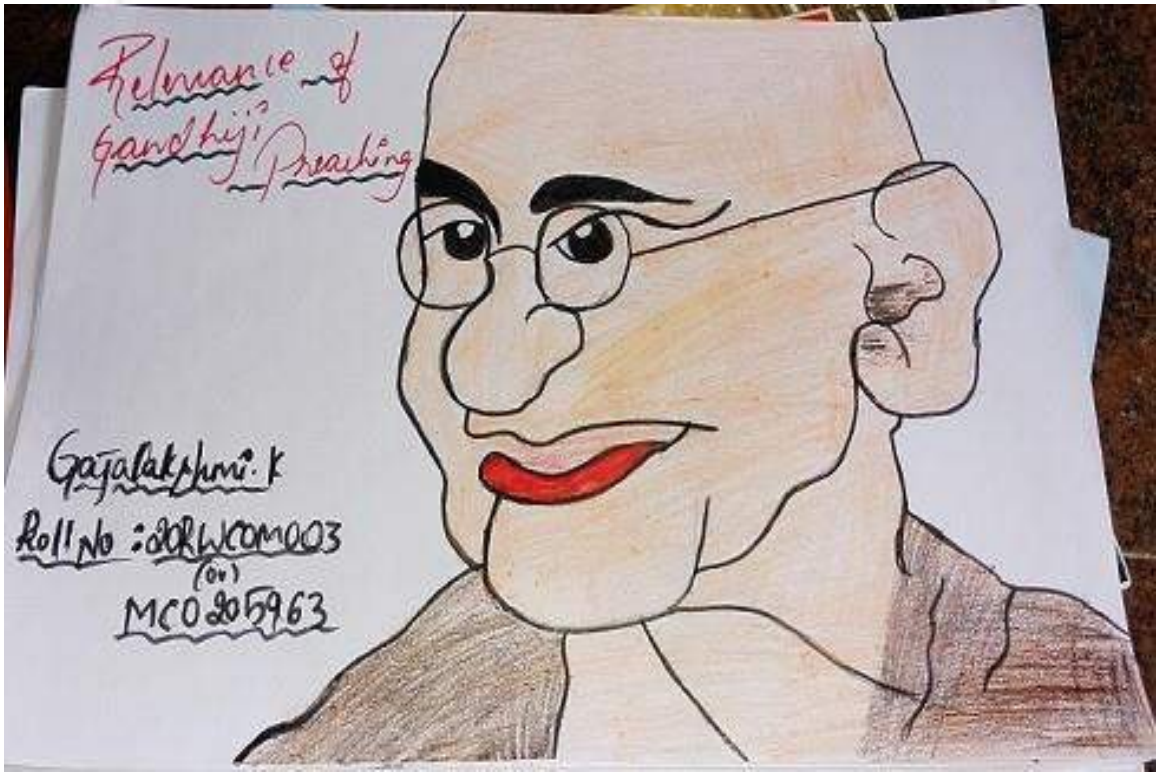
Date:02-10-2021

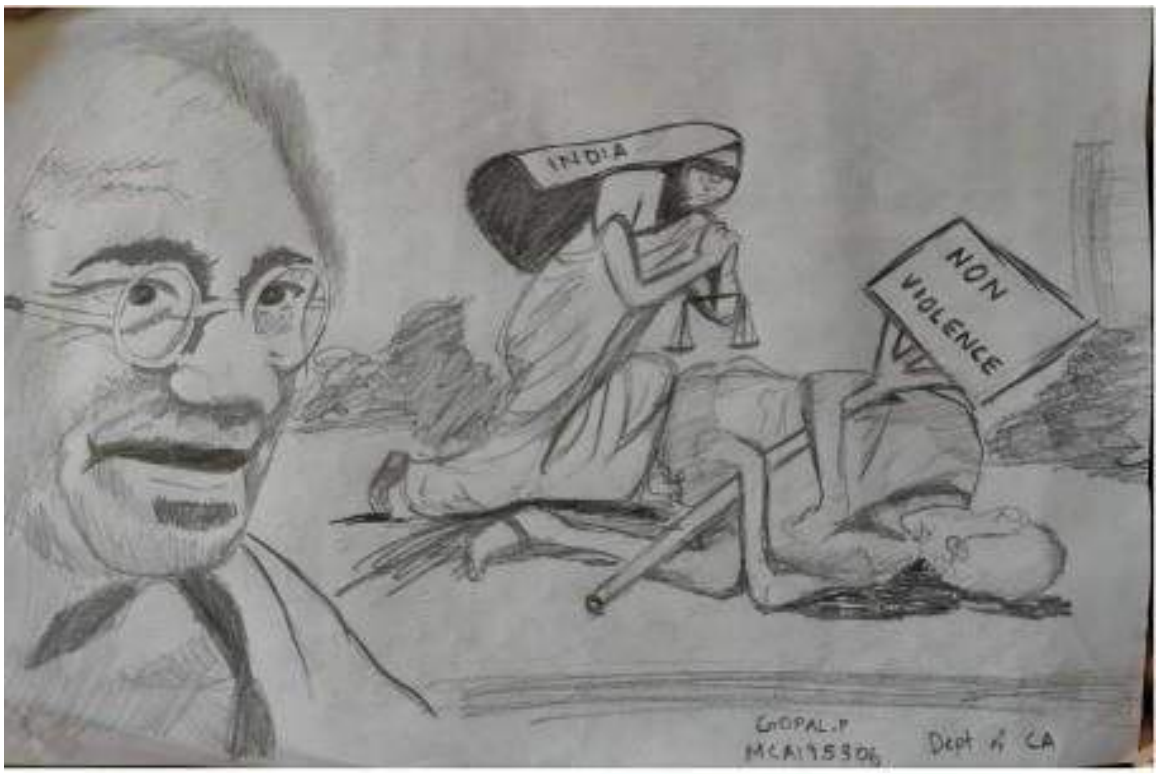
On the occasion of 152nd Birth Anniversary of Mahatma Gandhi, Department of Commerce in association with IQAC, conducted Sketching Competition virtually, on 2nd October, 2021, from 11AM to 12Noon. The theme for the competition was, “Relevance of Gandhiji's Preachings”. Ms. Bindu K N, Assistant Professor from Department of Commerce was the coordinator of the competition. The competition had a total of 6 registrations from Department of Commerce, Computer Applications and Management Studies and 5 students participated in the competition. A WhatsApp group was created for the participants to share all the instructions related to the competition. Participants shared their sketching to the mail id of the coordinator. The department congratulates all the participants of the competition. Department of Commerce expresses heartfelt gratitude to Principal and Management for providing us the opportunity and supporting us in conducting the competition successfully.



Be the change
You wish to see
in the World.
MAHATMA GANDHI

ART BY: Department of Management Studies,
SM. Manikchandra . BBA209570




INDIA
NON VIOLENCE
GOPAL.P
MCA19S506
Dept of CA


NAME:- DEEPTHI SHALINI. D
ROLL NO:- BCA21661
DEPT : COMPUTER SCIENCE
Believe in truth and non-violence to achieve and surmount impossible things.....
-Mahatma Gandhiji


RELEVANCE OF GANDHIJI'S PREACHING
Truth
GOKHALE
TRUTH
COW PROTECTION
SABARMATI
Charkha
Peace
Swaraj
SATYAGRAHA
Non Violence
October 2 1869
TRUTH
Gandhi...
Bapu...
Swetha Bcom 1st S

Online session on Higher education for Indian student by IDP Education

Date:12-06-2021

T.John College, Department of Hotel Management organized an online session on Higher education - for the current 8th semester. The speaker was Mr Sai Kiran, Senior Education Counsellor at IDP Education. IDP is a global leader in international education services who help students study in Australia, UK, USA, Canada, New Zealand and Ireland.

Mr Sai Kiran, enlightened the importance of higher educations to our students and how they one can acquire global skills; open up personal and professional opportunities when they study abroad. Mr Sai Kiran, also informed on various courses offered and job opportunities abroad.

The session was beneficial for our students who are looking for opportunities outside the country.



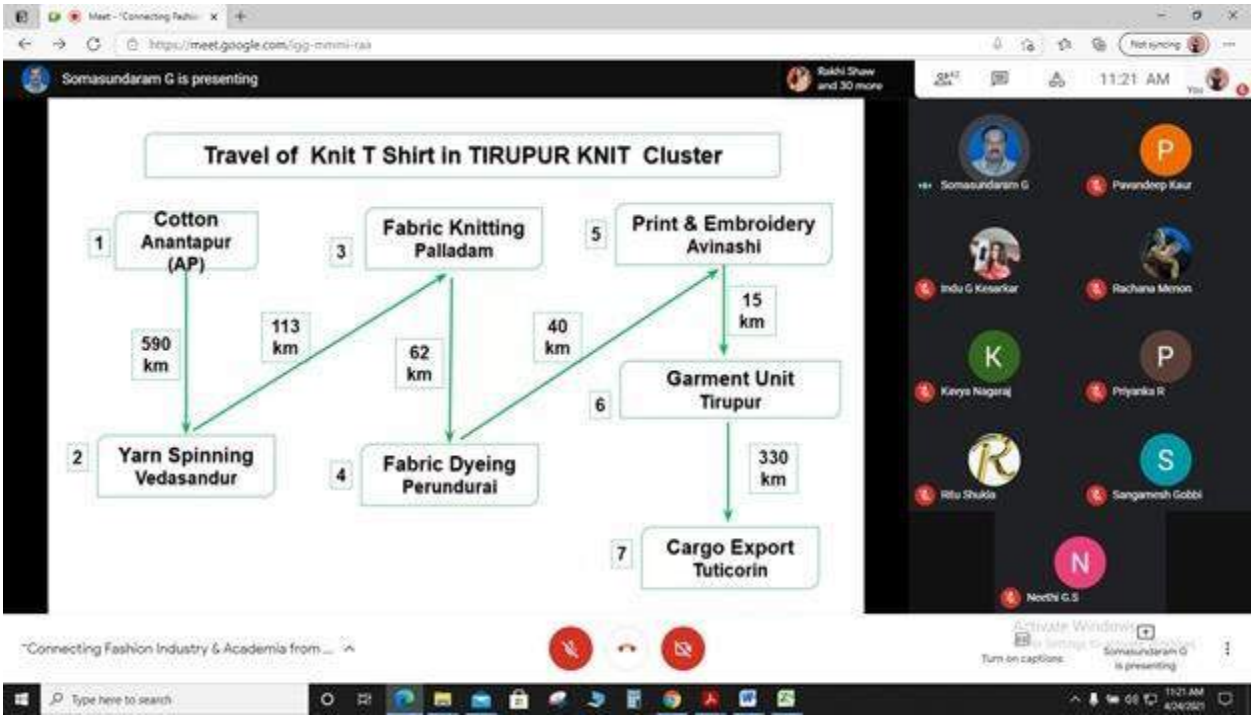
UG Insperia

Date:27-05-2021
Click here to View

FACULTY DEVELOPMENT PROGRAM

Date:24-04-2021
About the Event:
The Department of Fashion & Apparel Design conducted FDP program on 24th April 2021, about "Fashion Industry & Academia- a Global Perspective".
About the Speaker:-
The Session's speaker was Mr. G Somasundaram. He is graduated BBA VHNSN College, Virudhunagar, Madurai Kamaraj University. MBA Department of Management Studies, Madurai Kamaraj University. PG Dip in International Business Pondicherry University.
Mr. Somasundaram have experience on Networking skill – connected with more than 50 educational, Skill Development organizations in South India. Learning & Development programs of Gokaldas Exports Ltd (a division of Blackstone Inc, MNC & Jockey India) and conducted Campus Placement Drive for more than 5 years. Associate with entrepreneur development & innovative incubation initiatives of Apparel Innovation centre of NIFT TEA under AIM of GoI. Bangalore.
He worked as Fashion & Retail Marketing Project Consultant PEARL ACADEMY OF FASHION, Chennai. Regional Head- Skill Project & Head – Industry Linkages Everonn Skill Development Limited, Chennai.
Resource person for 40 plus institutions in Management, Design & Entrepreneurship domain; Member of National HRD network (Hosur-Bangalore South Chapter. Nominated as a member of sub-committee of International Linkages of CII (South Region).
Overview of the Discussion:-
The fashion industry is currently facing huge loss due to COVID-19, to begin with Sr. Rose Mary Balappa, Principal T. John College briefed on the scenario of fashion industry in India and the influence of western countries in this sector, she also discussed about water consumption for manufacturing one denim trouser which made everyone realize! about the facts she expressed. . Followed by the speaker, he discussed about the root causes with respect to domestic and international markets, the challenges faced by the small, medium & large scale

fashion industries and solutions to overcome these problems. The contribution of institutions and research activities, their past achievements and future opportunities was also briefed to the attendees. The FDP was concluded by vote of thanks from Dr. Dippi Verma, Associate Professor, IQAC Coordinator of T.John College, Overall the FDP was successful venture.



World Heritage Day-2021

Date:21-04-2021

T. John College Celebrated World Heritage Day on 21st April 2021. The event was organised by the Department of Fashion and Apparel Design and Cultural Committee.

World Heritage Day is observed every year on April 18, to preserve the human heritage and recognize the efforts of the organizations working for it. World Heritage Day is a collective effort of the communities in the world to do what is necessary. This year's theme for world heritage is ‘Complex Pasts: Diverse Futures’ which is set by the International Council of Monuments & Sites (ICOMOS).

To show up solidarity to Indian cultural heritage the Staff of T. John College took part in a cultural catwalk, representing various states and their traditional attire.

The best-dressed male & female were awarded. In the male category Mr. Vineesh Vedsen, Asst. Professor, Department of Management Studies, and in the Female category Dr. Felcy Judith, Associate Professor and H.O.D for the Department of Computer Application, were declared as winners.

Department of Fashion and Apparel Design and Cultural committee of T John College thank the Management, Sister Rose Mary Balappa, Principal, T John College, and Dr. Kathikeyan, IQAC Director, Dr. Dippi Verma, IQAC Coordinator, All the Department Heads, and all the faculties for their encouragement and support. Indeed, it was a fun-filled day to remember and cherish.


RULES & REGULATIONS







WORLD WATER DAY 2021

Date:22-03-2021

On occasion of **WORLD WATER DAY, held on 22nd March 2021, BA Department** organised an assembly to create awareness on Value of water by safeguarding water effectively for everyone.

The Assembly began with a Sanskrit prayer on water by Dr. Geetha Bhat, Asst. Professor BA Dept, followed by a talk by Mr. Vijay Kumar, Asst. Professor of Psychology, BA Dept. He spoke about the importance of water conservation. Ms. Kalpana K, Asst. Professor of Language, BA Dept spoke about the facts of water as a resource.

An activity of "Creating Water Dairy "was introduced to the students by Neelanjana Bose, HoD of BA Dept.

Whereby the students were asked to record their water usage for one day in their daily activities. Suggestions for alternate methods to reduce the water wastage was given by the students. This activity of "Creating Water Diary" was held for MBA, MCA and MCOM students of 1st semester, all the students participated in this activity were enthusiastic and the relevant suggestions given by the students for reducing water wastage were exemplary and very practical. It was evident that the slogan "Save water and it will save you" stands strong as we realize the importance and value of water in our students and faculty lives.







6 Days Orientation Programme

Date:18-01-2021

6 Days Orientation Programme
For Post Graduate Students
Batch (2021-23)

Sr. Rose Mary Balappa, Principal, T. John College
Dr. Karthikeyan C., TJC IQAC Director and Principal, TIMS
Dr. Dippi Verma, TJC IQAC Coordinator

Courses Included:	**Head of the Departments (HODs):**
MBA – Master of Business Administrator	MBA – Dr. Lakshmi SR
M Com – Master of Commerce	M Com – Ms. Priya Thenissery
MCA – Master of Computer Applications	MCA – Dr. Felcy Judith

T. John College organized 6 days Orientation programme for 1st Semester PG student on 18th January 2021 to 23rd January 2021 for the students in Commerce, Computer Applications and Management. The courses are namely M Com, MCA and MBA. Everyday 2 hours events were conducted. The events were directed to equip our students with some knowledge and provide them with an opportunity to associate with each other and feel happy together.

Day 1 - Itinerary
Title of the Activity: Yoga
Coordinator of the Activity: Ms. Renu Kukreti

The programme on a daily basis would start with the customary programme initiation by the Master of Ceremonies for the day. For the first day, Prof. Pooja V was the master of the ceremonies. She started by welcoming the Principal, the Head of the Department of the Computer Applications Department, Dr. Felcy Judith, Prof. Renu Kukreti, Prof. Vaishanavi, all the students for the day. Prof. Pooja called upon Prof. Vaishnavi on the stage to start the proceedings with a celestial hymn. Sr. Rose Mary Balappa, Principal, T John College graced the occasion and addressed the students. The Principal appealed to the students to include yoga in their daily routine for its wholesome and salubrious effects on the mind, body and soul.The Head of the Department from the Computer Applications Dr. Felcy Judith also addressed the gathering.

A total of 76 students from the first year PG courses took part in the session. The students were educated on the importance of Yoga. They were explained that yoga helps in maintaining not only physical and mental health but it also helps in setting up a healthy social life. The students were taught various Aasanas starting with warming up and stretching followed by a series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with the Shavasana. After Aasanas session students were also taught the Pranayama – For Longevity. The session was closed by a Vote of Thanks by Prof. Pooja V.

Day 2 Itinerary

Title of the Activity: Happiness & Mind Engineering
Resource Person: Dr. Thomas P. John, Chairman, T John Group of Institution.
Coordinator of the Activity: Ms. Suman Mishra

On 19.01.2021 Tuesday, the Happiness Department in association with IQAC and PG departments conducted a session on Mind Engineering. Dr. Thomas P John, Chairman TJGI was the guest speaker for the session.

The session started by welcoming all to the session by Sr. Rose Mary Balappa, Principal T John College. The Sister spoke about the importance of observation on life and how positive thoughts helped in bringing happiness among us. She encouraged all not to let the spark go away and to be always open minded to accept new thoughts and ideas.

The Mind Engineering session was conducted by Dr. Thomas P John, Chairman, and TJGI. He spoke about how mind works in itself and the role of positive thoughts being played in the journey of our success. He inspired the students to think and do those things which make them happy. He guided the students for having a continuous practice of keeping themselves happy and self-motivated. Dr. Thomas also told how gratitude plays an important role in our lives.

The session was attended by the First Semester Post Graduate (MBA, MCA & M COM) students. At the end of the session the Happiness Department distributed happiness smiley badges and pamphlets among all present in the auditorium. PG student took Happiness survey.

Day 3 Itinerary

Title of the Activity: Team Building Games

Coordinator of the Activity: Ms. Sneha SK, Dr. Jency Priyadharshany, Ms. Pooja V

It was the turn of Team building activities on 20th January 2021 between 1:45pm to 4:00pm. Sr. Rose Mary Balappa, Principal, T John College graced the occasion. The IQAC Coordinator Dr. Dippi Verma addressed the gathering. The programme coordinator Ms. Sneha S Kairanna, Dr. Jency P Assistant Professor, Department of Management Studies and Ms. Pooja, Assistant Professor, Department of Computer Application conducted a series of games for the students which mainly focused on the Team Building Activities. The following games were conducted for all the students

1. Team Formation
2. Gell well game made students comfortable with their teams
3. Name Game: Students had to remember all names of their team members
4. Flip the circle: Competitive game where students have to flip the circle without leaving the hands of their partner in the circle.
5. Serpent and target game: Students were made to stand in a line, except the leader in the end all members are blindfolded. The leader has to lead the entire team towards the goal only through gestures and no communication
6. Finally a fun game was conducted for all students named Fish and Fishermen Game. This game mainly focused on strategy implementation and interaction with their teammates

The students actively participated in all the games enjoyed the entire event.

Day 4 Itinerary

Title of the Activity: Creativity & Innovation by IIC

Coordinator of the Activity: Ms. Sneha SK and Ms. Praveen Kumar.

T John College in association with Institutions Innovation Council (IIC) organized creativity activities as a part of the Orientation Programme for the first year PG students of MBA, M COM and MCA on 21st January 2021 between 1:45pm to 5:15pm.

Sr. Rose Mary Balappa, Principal, T John College graced the occasion. IQAC Coordinator and IIC Ambassador Dr. Dippi Verma addressed the gathering about the importance of being creative. Mr. Praveen Kumar addressed the gathering and gave an insight on the IIC Cell at T John College.

The programme coordinator Ms. Sneha S Kairanna, Assistant Professor, Department of Management Studies and Mr. Praveen Kumar, Head of the Department of Fashion Design organized an activity for the students which would bring about their creativity.

The students were divided into teams and given Inventors names. They were given chart sheets and stationary items. The topic of discussion was "The problem faced by the Youth in our Country". Students had to analyze on a particular title of their own choice. The chart mainly focused on the challenges, solutions and obstacles of the problem mentioned by the students. The titles selected by the groups are as follows:

1. Addiction of youth towards Social Media
2. Addiction of youth towards Mobile
3. Education system
4. Cyber crime
5. Addiction of Drugs

The students were given an option of portraying their discussion either in the form of Role plays, Mime, Skit or Presentation. The group's performance was evaluated by three judges: Sr. Rose Mary Balappa, Principal, Dr. Felcy Judith, Head of the Department, Computer Application Department and Dr. Priya, Head of the Department, Commerce Department. The criterion for judging was creation of an idea, group involvement, and justification of plan and feasibility of the idea. The students enjoyed the session and the best team was rewarded with chocolates.

Day 5 Itinerary

Title of the Activity: Placement Session

Coordinator of the Activity: Mr. Lokesh RV, Mr. Vineesh Vedsen and Ms. Aparna KV, MBA III Student

On 22nd January, Friday, we had the session from the Placement and SDC Cell of the college. Ms. Aparna KV, MBA Semester III student, as the master of the ceremonies. She started by welcoming the Sr. Rose Mary Balappa, Principal, T John College. We also had Dr. C Karthikeyan, the IQAC Director, T John College and Principal, TIMS College, Prof. Lokesh RV, Prof. Vineesh Vinay Vedsen, Prof. Glen Francis, and all the students. Ms. Aparna started the session with a wonderful quotation from the speech of one ex-Union Minister from India to clearly indicate the relation between training and skill development. She welcomed Sr. Rose Mary Balappa, Principal, T. John College, who addressed the gathering. Sister gave the students tips on all the virtues of constant training themselves in the world to make a mark for themselves. Dr. C Karthikeyan then shook the audience with the meaning of attitude and how it created success and failure in life. It must have really given the students of what they are headed for if they have the right attitude.

Prof. RV Lokesh, the Placement Cell Coordinator for PG gave a detailed view of various placement options available to 3 PG department students under their individual course head. Prof. Vineesh Vinay Vedsen talked about SDC (Skill Development Courses) and its role in employability in the current world. He exhorted them to look for areas that they should be skilled in to get a good job even as the courses was on. He requested the students to follow what his predecessors had spoken at length about setting good careers. He asked them to be in constant touch with Prof. RV Lokesh and he/ she to be ready with a job before their courses ended.

Prof. Glen Francis gave a vote of thanks to all those involved in the program from the beginning, stating the inspiration of our dear Chairman Sir Dr. Thomas P John, Raju Roy Sir, Administrator of TJGI, Sr. Rose Mary Balappa, TJC Principal, Dr. Karthikeyan C, IQAC director, and Dr. Dippi Verma, IQAC coordinator and all the Department of Heads, faculties, and students who made this day possible for all the students.

Day 6 Itinerary

Title of the Activity: Talent Show

Coordinator of the Activity: Ms. Sneha SK.

T John College as a part of Orientation Programme organized a Talent Show for the first year PG students of MBA, M COM and MCA on 23rd January 2021 between 1:45pm to 3:45pm. Sr. Rose Mary Balappa, Principal, T John College addressed the students on the importance of using one's talent for their success. The Sister conducted some fun games to know each one of our talents. The HOD's of all departments were present for the talent show.

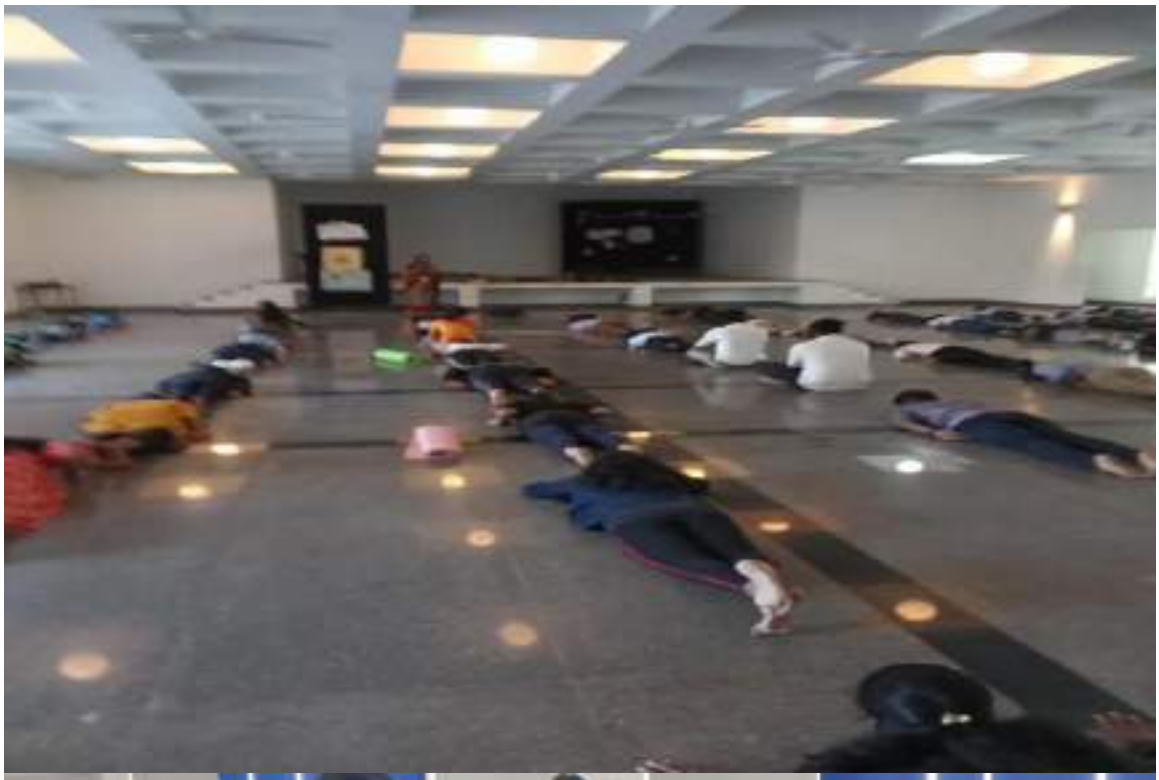
The programme coordinator Ms. Sneha S Kairanna, Assistant Professor, Department of Management Studies conducted the event. The following events were scheduled:

1. Group Song : Dr. Jency, Mr. Pratham (BBA I), Mr. Uday (BBA III), and Ms. Yachana (FAD V)
2. Pratham played guitar and sang song
3. Uday (BBA III) played Tabla
4. Arun (BBA I) Solo song
5. Fashion Show : Mr. Arun, Mr. Gokul, and Ms. Geethu
6. Solo Song : Prof. Vineesh
7. Solo Song : Dr. Lakshmi S R

It was a grand culmination of all the events on the final day. Both students and faculty had a grand time.























WINNERS OF ADHEERA COMPETITON

Date:12-02-2020

The students from BBA Semester II of the Department of Management Studies took part in the cultural competition "ADHEERA" organized by the Nobel group of institutions. They illuminated the competition with wonderful performances from their end and won prizes making T John College proud of their achievements. The function was organized on 12th February 2020.

Ms. Jahnavi Reddy, Mr. Dilip, Mr. Harsha, Mr. Alando, Mr. Raphal, Mr. Abhilash, Ms. Roja and Ms. Harshitha from BBA-II semester had participated in a Mime competition on the concept of "Mobile Addiction" and provided a deep insight on the worst possible effects of mobile addiction in youth. The team won the first prize.

Mr. S. Udaya Chandra Aradhya from BBA-II- semester won First prize for a "Solo Instrument" event, playing the tabla. The professionalism and confidence level displayed while playing the instrument was paramount.

The all round performances of the BBA students helped the T John College garner overall the overall championship award.





Guest Lecture on Overview of Indian Stock Market

Date:08-02-2020

The students of BBA VI semester from Department of Management Studies attended a Guest Lecture on 8th February 2020. Dr. Satish, a doctorate from the deemed to be University Vellore Institute of Technology, Vellore conducted the session. He is specialised in Finance and Accounting and doing his research in the same area. He has completed MBA from Anna University and a gold medallist B. Com from SRM University, Chennai.

We got his precious time to give us a talk on most aspects of Stock Market like the basics of stock market and how one can invest and be a part of the stock market with regards to its various instruments and modalities of the Stock Market.

It was received very positively by the students and it was a very interactive session.





GUEST LECTURE ON TECHNIQUES FOR CRACKING APTITUDE TESTS

Date:30-01-2020

The students of BBA IV semester had a guest lecture by Mr. K.P. Singh from T.I.M.E Institute. He is a B.Tech from NIT Bhopal having 12 years of teaching experience and is an expert in subjects like Quantitative Techniques, Data Interpretation and Logical Reasoning.

The guest lecture focussed on making the students aware of various techniques to master the skill of cracking aptitude tests. He also threw light on the various competitive examinations that students would be eligible for and the right track that the students should follow to optimally utilise the time they have for preparing for the said examinations.

The session was extremely interactive where Mr. Singh engaged the students in mind games that involved mental calculations and short cuts for working on numerical ability and logical reasoning questions. The students also got hands on experience on solving these questions. The session was extremely engaging and insightful for the students to get a clear picture about various competitive exams and techniques of clearing them.




T JOHN

Guest Lecture on RTI - An empowering tool for citizens of India.

Date:16-10-2019

T.John College, BBA department arranged a guest lecture on Right to Information Act for III Semester BBA students on 16th October 2019, Guest speaker Mr. Ravikumar.S who is Proprietor of Green Technologies an Environmental Engineering company and Managing Trustee of Full Circle Trust a Bangalore based, registered Non-Profit Organisation. The session started with a warm welcome note by Mr. Arun Kumar. R, Assistant Professor in Department of Management Studies. The Guest Speaker started his session with the introduction to the RTI. He stated that the Right to Information has been recognized as fundamental human right which upholds the inherent dignity of all human beings. The Right to Information forms the crucial underpinning of participatory democracy. It is essential to ensure accountability and good governance. The greater the access of the citizen to information the greater the responsiveness of government to community needs. Further he discussed with his own RTIs which was raised by him working towards solving various social issues. Students interacted with great enthusiasm and eager to know about the empowering tool given to citizens of India.




The Act is called Right to Information Act 2005
It extends to the whole of India except the State of Jammu & Kashmir
Subject to the provision of this Act, all citizens shall have the right to information
The right to information is implicitly guaranteed by the Constitution




T. JOHN

Guest Lecture on “Importance of choosing the right organization structure for its growth”

Date:06-09-2019

The department of Management studies arranged a guest lecture for the students of BBA I Semester on on 6th September,2019. .The resource person was Mr. Jatinder Mohan from People skills Inc .

The guest lecture was focused on providing the students an insight on the importance of organisation structure and business environment in order to set up a new business .As part of their curriculum students are emphasised on studying the importance of various business organisation structure and impact of the business environment which was explained by Mr. Mohan with his industrial experiences and shared his immense knowledge on the same.

The session was extremely interactive, engaging and insightful where Mr. Mohan engaged the students in various activities and have given an idea on how business runs and how it is important to choose the right structure.



Report on UBA NSS activity

Date:06-09-2019

Greetings...
Children are the future of this country. By investing in Children's basic education we are contributing to the country's development and creating a literate and self-sufficient society.
T. John College NSS unit recognized the significance of education and, created a symposium for the young NSS student volunteers to actively participate in this appreciable activity at Doddathoguru government school, Doddathoguru village , (The adopted village under Unnat Bharath Abhiyan, a flagship project of MHRD). Initiated by Prof. Vaishnavi.R , Department of Languages, T. John College, with the extensive support from the Doddathoguru Gram Panchayat.

On 6th September 2019, 35 NSS student volunteers along with two faculty, carried out an activity in order to educated the school children on general awareness pertaining to personal hygiene, communication skills and their prominace, Social awareness on water conservation, usage of sanitary napkins, and so on.

Volunteers with the help of posters and pluck card, with a skit performed by our NSS students, were able to create an impact in the minds of the young children.

Adding to this, various Cultural , sports and academic competitions were held in order to establish a fascinating ambience among the children.

We appreciate the gesture of the Principal,
T.John College, management and the teaching fraternity for extending their support in contributing the required materials for taking forward the activity and, also for making this activity a grand success.


Shot on OnePlus


Shot on OnePlus


Shot on OnePlus







Report on UBA NSS Swachh Bharat Abhiyan Activity at Doddathoguru Village on IndependenceDay

Date:15-08-2019

Mahatma Gandhi had rightly said, “Sanitation is more important than Independence”. He was aware of the pathetic situation of rural India at that time and he dreamt of a clean India where he emphasised on cleanliness and sanitation as an integral part of living. As part of Swachh Bharat Abhiyan, a lot of activities are undertaken to ensure a clean and green India. The Students Role in Swachh Bharat Abhiyan is said to be vital in turning India clean and green as they are the emerging crops of nation. Being said that, they are the brand ambassadors of this noble cause. *Students* can also help their ignorant or illiterate family members and others.

A cleanliness drive was taken up by NSS volunteers as part of Unnat Bharat Abhiyan project at Doddathoguru Village by celebrating 73rd Independence Day in the village. 35 NSS student Volunteers from T.John College picked up unwanted plants and plastic waste in the public utility area. Not only students cleaned the given areas but also they educated and created awareness to the rural people that “Cleanliness is often achieved through cleaning”. Volunteers were given food and refreshments. The initiative was taken by Ms. Vaishnavi.R, and coordinated by Mr.Arun Kumar.R, NSS Coordinators, T.John College, we are glad that Principal and Management for their support for making this activity a success.






T.JOHN
BANGALORE UNIVERS
NATIONAL SERVICE
T.JOHN COLLEG
Road, Bengalu
UNNAT BHARAT ABHIYA





EBSB Webinar

Date:19-11-2020

The Ek Bharat Shreshtha Bharat (EBSB) Cell conducted a Webinar as part of the commemoration of Uttarakhand Divas on 9th November. T. John College Conducted the Webinar on 19th November from 2:00 to 4:00 PM using Microsoft Teams.

The session was conducted by Ms. Aarushi Goyal, a Life & Mindset/ Leadership Coach. She is a native of Uttarakhand herself and completed her MBA from Bangalore. She was a great resource person to speak on this topic.

EBSB is a Ministry of Human Relations and Development (IQAC director MHRD) initiative to work across states/ Union Territories (UTs) of the country to bring them together in terms of culture and traditions to each other to ultimately help strengthen the unity of India. The Karnataka State paired with Uttarakhand.

Assistant Prof. Vineesh Vinay Vedsen the EBSB Cell Coordinator started off the session by welcoming all the dignitaries to the Webinar. The Principal Sister Rose Mary Balappa, IQAC Head Dr. Dippi Verma, all the HeadS of the departments and department coordinators, the faculties, and students. He explained the need for EBSB and why our MHRD ministry wanted the colleges to work on it.

Assistant Prof. Jennifer Esther acted as the master of the ceremonies (MC) and brief introduction she welcomed the speaker, Ms. Aarushi Goyal. The speaker conducted an hour session where she talked with sufficient details about Uttarakhand. She explained the culinary, culture, tourism, festivals, art forms, traditions, sports and adventure, and the religious importance of the state. She showed many pictures and even a dance form video during her talk. She used a well-prepared PowerPoint document to present the content.

Once her talk was over, the EBSB Cell coordinator Assistant Prof. Vineesh Vinay Vedsen returned to conduct a question-answer session. A few students gave fantastic feedback.

He proposed a vote of thanks to the speakers and all those involved in making this Webinar possible. He generously thanked the T. John Management, the Principal, the IQAC head, his EBSB coordinators, the Heads of the departments, the department coordinators, all faculty members, and the students for attending the program and making it a grand success. He had a special word of thanks for the students. The faculties and students were very thrilled with the presentation and were happy to learn so much about Uttarakhand State.

EBSB Webinar - A Dive into The Land Of Gods - Dhevbhumi

Date:19-11-2020

The Ek Bharat Shreshtha Bharat (EBSB) Cell conducted a Webinar as part of commemoration of Uttarakhand Divas on 9th November. The Webinar was held on 19th November 2-4 PM using Microsoft Teams.

The session was conducted by Ms. Aarushi Goyal, a Life & Mindset/ Leadership Coach. She is a native of Uttarakhand herself and completed her MBA from Bangalore. So a great combination for a speaker on this topic.

EBSB is a Ministry of Human Relations and Development (MHRD) initiative to work across states/ Union Territories (UTs) of the country to bring them together in terms of culture and traditions to each other to ultimately help strengthen the unity of India. The state paired with Karnataka is Uttarakhand.

Prof Vineesh Vinay Vedsen the EBSB Cell Coordinator started off the session by welcoming all the dignitaries to the Webinar. The Principal Sister Rose Mary Balappa, IQAC Head Dr. Dippi Verma, all the head of the departments and department coordinators, the faculties and students.

He explained the need of EBSB and why our HRD ministry wanted the colleges to work on it.

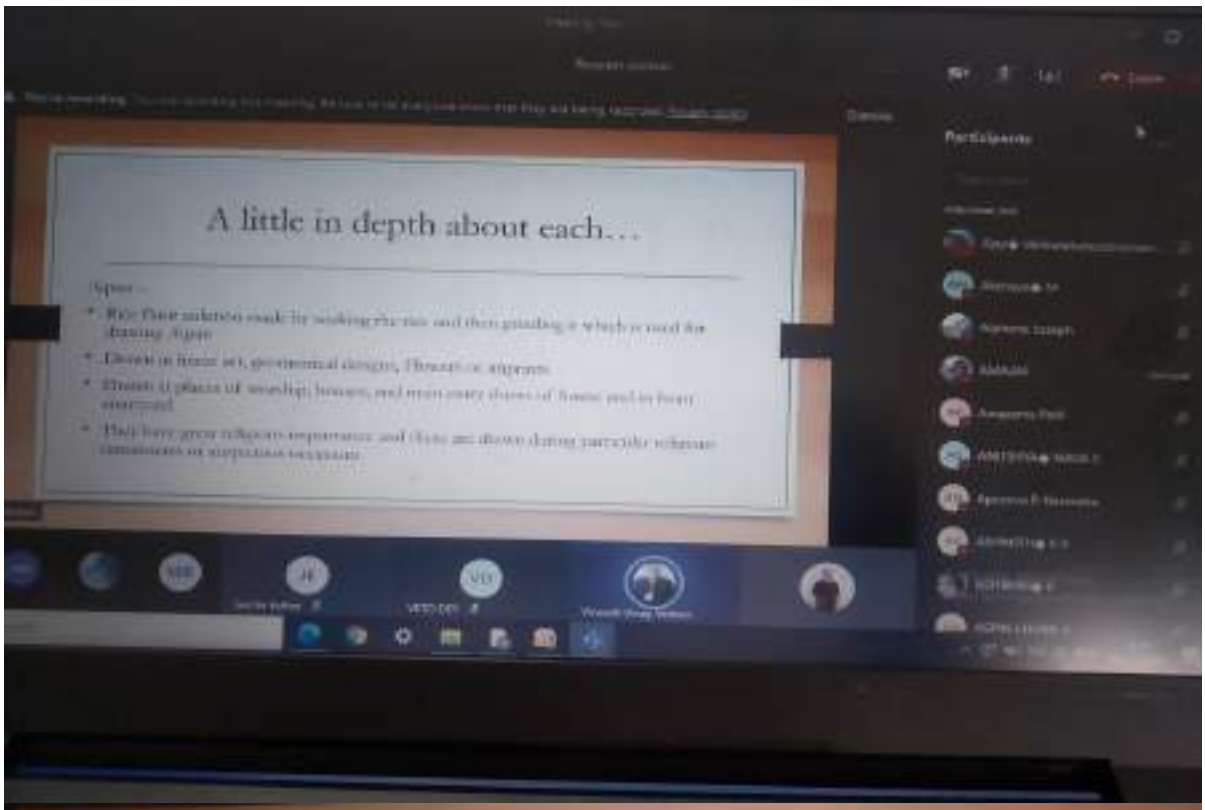
Prof. Jennifer Esther acted as the master of the ceremonies (MC) and introduced the speaker Ms. Aarushi Goyal. She spoke at length about her credentials which were really worth a share. She welcomed the speaker Ms Aarushi Goyal to come and talk to the audience.

Ms. Aarushi Goyal conducted an hour-long session where she talked at length and breadth with sufficient details about Uttarakhand. She talked about the culinary, culture, tourism, festivals, art forms, traditions, sports and adventure and the religious importance of the state. She showed many pictures and even a dance form video during her talk. The PowerPoint document presented was very elaborate in its content.

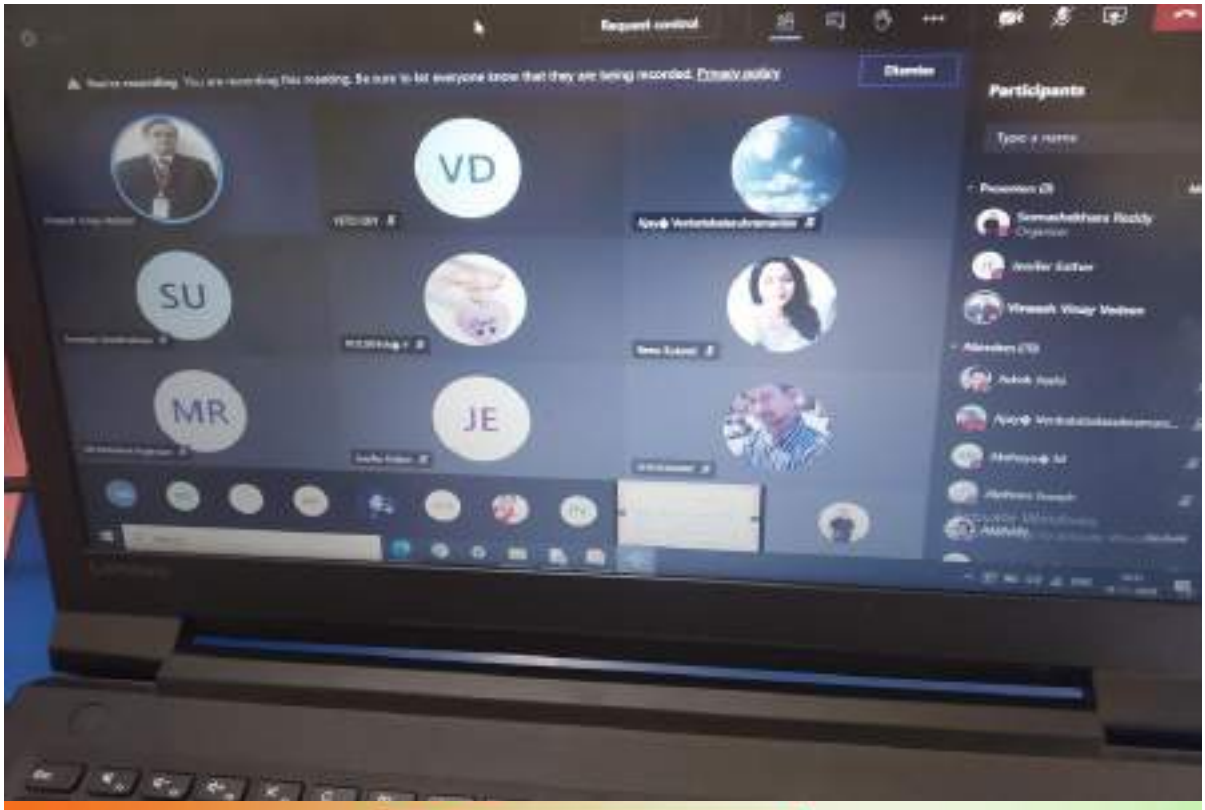
Once her talk was over, the EBSB Cell coordinator Prof Vineesh Vinay Vedsen returned to conduct a question answer session. A few students gave raving feedback.

He proposed a vote of thanks to the speakers and all those involved in making this Webinar possible. He profusely thanked the T John Management, the Principal, the IQAC head, his EBSB coordinators, the head of the departments, department coordinators and all faculty members alongside the students to attend the Programme and make it a grand success. He had a special word of thanks for the students.

The faculties and students were very thrilled with the presentation. Raving feedback came back from all around, some of which will be shared with the speaker Ms Aarushi Goyal.


A little in depth about each…


Some popular Aipan designs



T. JOHN
COLLEGE

AFFILIATED TO BANGALORE UNIVERSITY
BANNERGHATTA ROAD BANGALORE

EK BHARAT SHRESHTHA BHARAT

In Association With IQAC

Webinar

ON

UTTARAKHAND
A DIVE INTO LAND OF GODS-DEVBHUMI

Digital partners
Microsoft Team

Date:19-11-2020
Time:2pm-4pm

BY

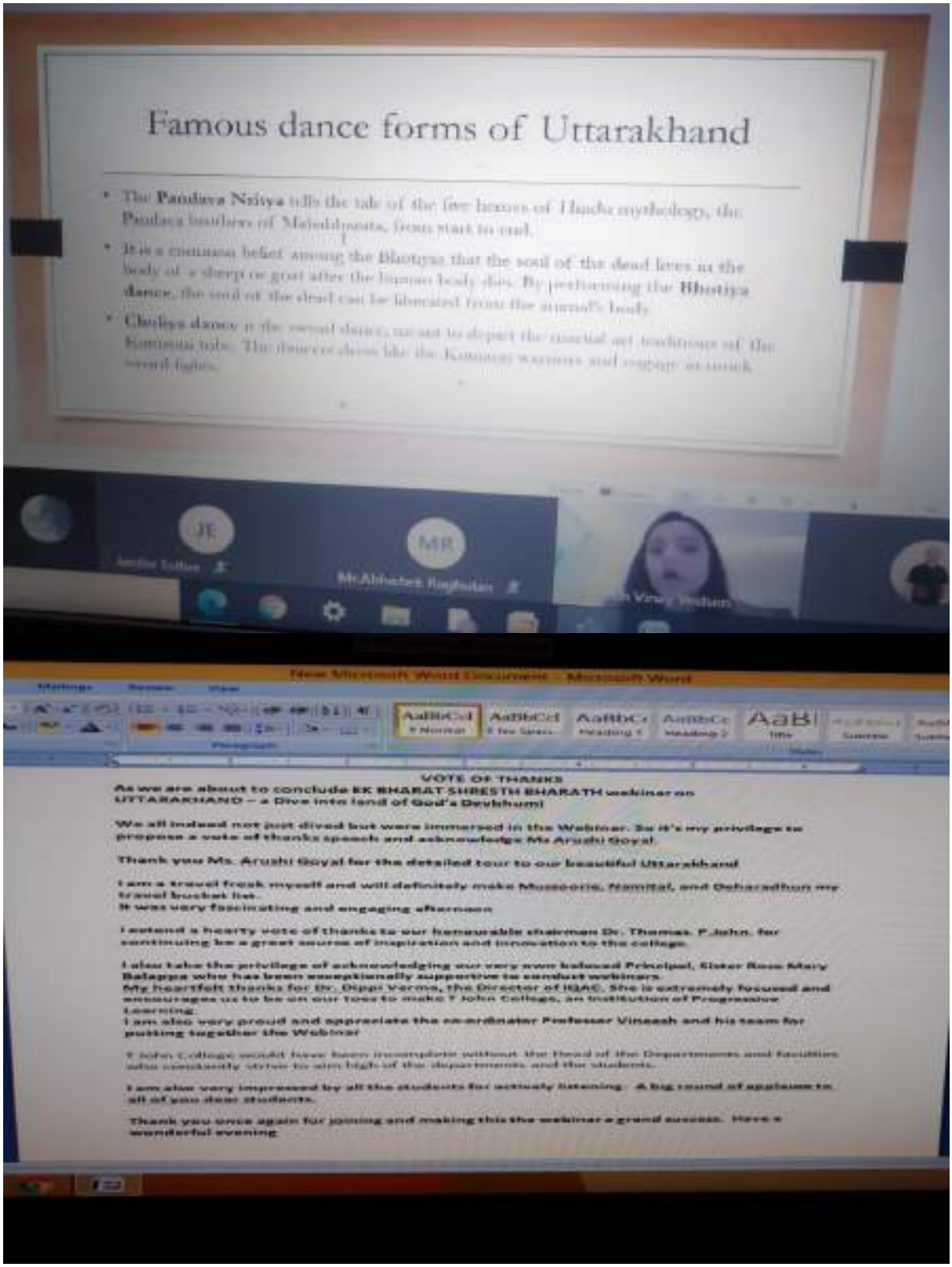
ARUSHI GOYAL

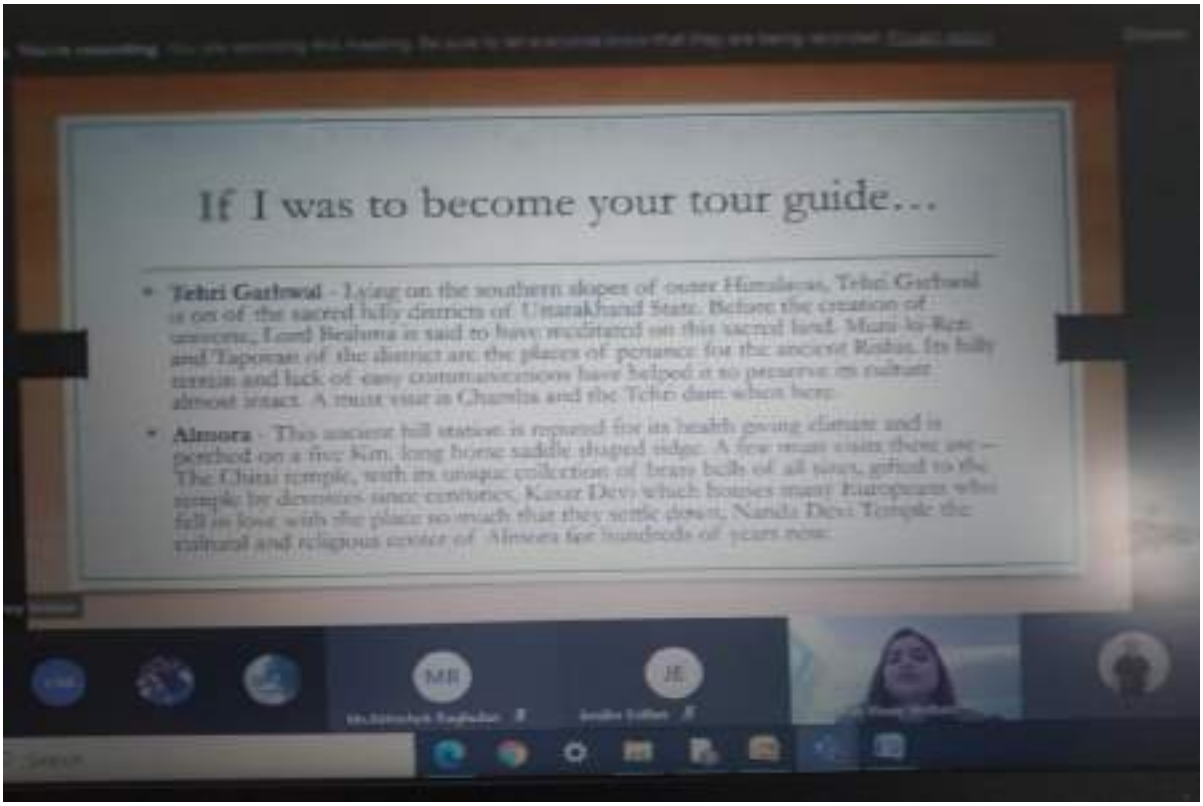
A Leadership / Life &Mindset Coach

COORDINATOR
VINEESH VINAY VEDSEN

IQAC HEAD
Dr.DIPPI VERMA

PRINCIPAL
Sr.ROSE MARY BALAPPA


Famous dance forms of Uttarakhand
The Pandava Nritya tells the tale of the five heroes of Hindu mythology, the Pandava brothers of Mahabharata, from start to end.
It is a common belief among the Bhotiyas that the soul of the dead lives in the body of a sheep or goat after the human body dies. By performing the Bhotiya dance, the soul of the dead can be liberated from the animal's body.
Chholiya dance is the sword dance, meant to depict the martial art traditions of the Kumaoni tribe. The dancers dress like the Kumaoni warriors and engage in mock sword fights.
JE
MR
Mr.Abhishek Raghuvan
New Microsoft Word Document - Microsoft Word
VOTE OF THANKS
As we are about to conclude EK BHARAT SHRESTH BHARATH webinar on UTTARAKHAND – a Dive into land of God's Devbhumi
We all indeed not just dived but were immersed in the Webinar. So it's my privilege to propose a vote of thanks speech and acknowledge Ms Arushi Goyal.
Thank you Ms. Arushi Goyal for the detailed tour to our beautiful Uttarakhand
I am a travel freak myself and will definitely make Mussoorie, Nainital, and Dehradhun my travel bucket list.
It was very fascinating and engaging afternoon
I extend a hearty vote of thanks to our honourable chairman Dr. Thomas. P.John, for continuing be a great source of inspiration and innovation to the college.
I also take the privilege of acknowledging our very own beloved Principal, Sister Rose Mary Balagopa who has been exceptionally supportive to conduct webinars.
My heartfelt thanks for Dr. Dippi Verma, the Director of IQAC. She is extremely focused and encourages us to be on our toes to make T John College, an institution of Progressive Learning.
I am also very proud and appreciate the co-ordinator Professor Vinaash and his team for putting together the Webinar
T John College would have been incomplete without the Head of the Departments and faculties who constantly strive to aim high of the departments and the students.
I am also very impressed by all the students for actively listening. A big round of applause to all of you dear students.
Thank you once again for joining and making this the webinar a grand success. Have a wonderful evening


If I was to become your tour guide…
Tehri Garhwal - Lying on the southern slopes of outer Himalayas, Tehri Garhwal is on of the sacred hilly districts of Uttarakhand State. Before the creation of universe, Lord Brahma is said to have meditated on this sacred land. Munir ki Reti and Tapovan of the district are the places of penance for the ancient Rishis. Its hilly terrain and lack of easy communications have helped it to preserve its culture almost intact. A must visit is Chamba and the Tehri dam which here.
Almora - This ancient hill station is reputed for its health giving climate and is perched on a five Km. long horse saddle shaped ridge. A few must visits there are – The Chitai temple, with its unique collection of brass bells of all sizes, gifted to the temple by devotees since centuries; Kasar Devi which houses many Europeans who fell in love with the place so much that they settle down; Nanda Devi Temple the cultural and religious centre of Almora for hundreds of years now.

Report on Painting Competition

Date:30-10-2020

The Department of Management Studies as part of the 151st birth anniversary of Mahatma Gandhi, in association with IQAC, conducted a virtual Painting competition: “World of Mahatma Gandhi” on 31st October 2020. The competition was organized for MBA and BBA students of TJC.

There is an effort at T. John College, Bangalore to keep the students engaged through various activities to enhance their knowledge and creativity. The theme of the painting competition was "World of Mahatma Gandhi". This theme allowed the participants to draw and paint on a wide range of subjects related to the life and philosophy of Mahatma Gandhi. The participants could depict important events in the life of the Mahatma. They could create an artwork that will depict the Mahatma's vision, philosophy, and ideas on various subjects. He was deeply connected with Indians at all levels. So the topics could be as diverse as rural development, swadeshi, khadi, women empowerment, cleanliness, and so many such subjects.

The competition was conducted virtually on WhatsApp where a group was created for the registered participants for sharing the painting along with the guidelines. The participants were requested to submit their paintings within the stipulated time. The timing allotted for the competition was from 10:00 am-1:00 pm on 31st October 2020. 17 Students had registered for the competition. Only 10 participants actively participated in the competition.

Dr. Lakshmi, HOD Department of Management Studies, and Dr. Lalitha P, Co-ordinator Department of Management Studies judged all the paintings. Two students one from each Department were selected as winners. Jahnavi Reddy (BBA III semester) and Aparna K V (MBA III semester) were declared winners of the painting competition.

Ms. Shila Davis and Ms. Sneha S Kairanna were the coordinators of the event. E-certificate and winners certificates were issued to students.


APARNA K Y - MBA 193981 - MBA (MANAGEMENT STUDIES)


K JAHNAVI REDDY
जय हिन्द !!

Graduation Day- Dept. of Commerce

Date:25-09-2020

T John College Organized Graduation Day on 25th September 2020 in the campus.34 graduates from the Department of Commerce attended the ceremony to celebrate their success. The programme started with the invocation song, by Ms. Shantala, Assistant Professor, and Department of Commerce. Chief Guest Ramanathan Narayan, COE-4R Recycling Pvt. Ltd., Sr. Rose Mary Balappa, TJC Principal, and Dr. Dippi Verma, Director-IQAC and Ms. Priya T, Program Co-Coordinator, Department of Commerce were invited to light the lamp.

The Principal greeted the gathering and welcomed all the dignitaries, invitees, teaching and non-teaching staff for the graduation day ceremony. The Chief Guest, Mr. Ramanathan Narayan, addressed the students and engaged them in a task which focused on communication skills. Principal, Sr. Rose Mary Balappa, honored the chief guest. Congratulating the graduates on successful completion of their graduation, Principal, in her address pointed out that "Life is a journey and not a destination", and also spoke about the significance of positive thoughts in one's life.

Ms. Priya T, programme Coordinator, Department of Commerce presented the Annual Departmental Report to the gathering. The principal declared the Graduation Day Ceremony Open, followed by which certificate distribution to all the students' ceremony commenced. Mrs. Tejaswini from B.COM and Ms. Niveditha from M.COM received "The Best Outgoing Student Award".

Ms. Bindu, Assistant Professor-Department of Commerce delivered the Vote of Thanks and the ceremony was dissolved by the Principal. The programme concluded with the National Anthem.

Department of Commerce thanked the almighty God, and Dr. Thomas P John, TJGI Chairman, Mr. Roy M. Raju, TJGI Administrator, Sr. Rose Mary Balappa, TJC Principal for giving us this opportunity and all the teaching and non-teaching staff for their continuous support and encouragement.


T.JOHN
CELEBRATES
THE GRADUATION DAY


T.JOHN
CELEBRATES


T.JOHN
COLLEGE


T.JOHN


CELEBRATES
GRADUATION DAY


CELEBRATES
GRADUATION DAY



Knowledge Sharing Sessions

Date:17-06-2020

The session began with a live session on “Mindful Breathing Technique” conducted by Mrs. Neelanjana Bose, HoD and Faculty of BA Journalism Studies, as a preface to the concept of MINDFULNESS.

Mindfulness is the basic ability to be fully present, aware of where we are and what we are doing, and not overly reactive or overwhelmed by what is going on around us.

The concept of Mindfulness was explained by Mrs. Rose Vase, faculty of English, followed Ms. Swathy Nandkumar, faculty of Psychology. Ms. Swathy explained the need to be mindful and how to cope with negative thoughts and be observant about people around us and be empathetic. Considering the increasing number of suicide rates in India per year, she stressed on the importance of giving more importance on oneself and being aware of the emotions of the fellow mates as well. Mindfulness can be an integral process to cap the same.

Whereas Mrs. Rose, shared the research example of a Lion being the ferocious animal; when a lion hunts its prey for 10 times, though he misses it for 9 times and succeeds only one time, we never heard of stories being told that lion is depressed. We only heard the heroic stories of how a lion hunts its prey. Do not be depressed rather be mindful. There have been number of researches about being mindful in regard to mental health struggle.

Being mindful :

- Strengthens our immune systems, decreases stress, and helps us to sleep better.
- We can overcome anxiety, depression, panic disorders, eating disorders, and low self-esteem issue.
- We become strong mentally, physically, and emotionally

She gave two examples of Selena Gomez, popular singer and Nivetha Thomas, an Indian actress who were mindful and how they have overcome their challenges, anxiety, and depression. Hence to summarize, mindfulness is innate, it can be cultivated through proven techniques. It’s a way of living. The topic was concluded by Mrs. Shaila Davis, faculty of Malayalam with a pledge towards Positive affirmations of being mindful.

The next presenter was Dr. Geetha Bhat, faculty of English Language, who presented on “Pygmalion Approach towards English Language Teaching” This approach to ELT shows how teachers expectations leads to an increase in the performance of the students. Focusing on creating the right climate and input pattern for teaching English, it explores the psychology of interpersonal

expectations. That is higher the expectations from the teacher more satisfying are the results of the students and their overall performance too. It adds new dimensions in the interaction between teachers and students and their expectations. Which need to be a pure transaction without distortion and disruption, being mindful and aware of the outcome of learning.

Mrs. Jayashree, Faculty of Kannada presented the concept of Management of Physical and Mental Health: “Daihika Mattu Manasika Arogya Nirvahane”

How to take care and preserve our mental well-being was explained through various well proven methods. The session was very inter-active and many faculties had so many queries regarding mental health issues. All the questions were cleared by the presenter.

Mr. Alphons faculty of Malayalam, ended the session by presenting on “SARS COVID -2: Changes, Challenges and New Policies”

In the session Alphons Sir tried to point out the major changes Covid-19 virus brought to the world such as climate change, living style, health system etc. He discussed about the negative impacts Covid-19 caused to the world, such as globalization, recession, unemployment, capitalism and Communism etc. Under polices he discussed about the negative and positive policies taken by WHO, and various governments with regards to Covid-19 and the impacts it brought to the world, like hereditary immune, mitigation method, nationalising health sector, countries where women rules etc.

The session was informative as it covered various aspects of our present situation and was appreciated by the audience and faculties of TJC.


T. JOHN

Basic Yoga Techniques and Meditative Practices

Date:13-06-2020

The session was conducted by Ms Deedeepya Bhavani Chamarathy, who is a Hatha Yoga Practitioner and a member of the prestigious Isha Foundation. She is a soft skills trainer and a Meditation specialist. There were more than hundred participants from different background.

The session began with a lot of information about Yoga and the myths related to it. Ms Bhavani beautifully discussed the myths we have in mind about the concept of Yoga and Meditation. She explained that just as the law of gravity cannot be marked as being Christian because it evolved in the West. Similarly, Yoga cannot be tagged as being associated to Hinduism because it evolved in India.

The concept of Meditation was explained by Ms Bhavani as "Meditation is not an act but it is a quality." It is not an act to be performed but a quality to be cultivated. While clearing these concepts she went on to lead a LIVE Meditation session on CHIT SHAKTI i.e Inner Peace. The session was extremely peaceful and fruitful as the participants gave positive feedbacks for the session. The speaker answered all the questions of the participants. She was very knowledgeable, gracious and humble in answering all the questions. On popular demand by participants Ms Bhavani agreed to conduct a series of such sessions through us.

The Webinar was successful and was highly appreciated by the audience and ended with encouraging and motivating words of TJC Principal Sister Rose Mary, who was an active participant in the session from the very beginning.

The Participants were given E Certificates from T John College and the recorded version of the session was sent by mail to the participants.


T. JOHN
COLLEGE
NAAC Accredited with 'A' Grade (Recognized by UGC under section 2(f) and 12(b)& Affiliated to Bangalore University)
June 13th, 2020
10:00am IST
DEPARTMENT OF LANGUAGES,
T.JOHN COLLEGE
is Organising
Basic Yoga Techniques and Meditative Practices
Free Webinar
[People with no prior experience in yoga could join]
E-certificate would be mailed & Post completion of the certificate, notes on meditation would be sent for self practice
SPEAKER:
MS. DEDEEPYA BHAVANI CHAMARTHY
{ Counselling Psychology Major & an aspiring Hatha Yogi Diploma in Art & Play therapy }
Exclusive opportunity to connect with a Hatha Yogi practioner

‘’Train the Trainer Program

Date:03-06-2020

An exclusive training for Head of the Departments and Program Coordinators of the Departments was conducted on date: - 03-06-2020 Scheduled at CTL seminar hall, TJC A Block, the timing of the training session was from 10:00 am to 1:30 pm IST, the resource person was Prof. Suresh.N (College Coordinator, Discipline and CTL Head) and the Chairperson present was Sr. Rose Mary Balappa (Principal TJC).

The agenda of the training session was to incorporate Professional skills like:- Behavioral Etiquettes, Email Etiquettes, Leadership Skills, Building Assertiveness, Team management, Effective Communication, and also the resource person briefed TJGI policies, Administrative Terms and Conditions, T.John Habits, Personality Development etc.,

Overall it was a Brainstorming session for the department heads, because the 3 hour 30 minutes session was a huge experience gain for everyone.




"Experience is a hard teacher because she gives
the test first, the lesson afterwards."
Thank You !!!

Toastmasters Club Online meeting attended by the students

Date:02-06-2020

A Toastmasters club provides its members with a safe and supportive environment to become better communicators, leaders, and public speakers. In light of the coronavirus disease (COVID-19), Toastmasters clubs around the world are holding online meetings. The T.John College Toastmasters Club organised such a meeting on 2nd June 2020.

This session was conducted on Zoom platform. The key speaker was TM KVM Kishore. Mr. Kishore is an experienced management consultant with a demonstrated history of working in the ITS industry. He has been the District Champion in Humorous Speaking of Toastmasters International, District 92 (comprising of Karnataka & Kerala) in 2015 and of District 82 (Comprising of South India and Sri Lanka) in 2013. He spoke of his humble beginning and his journey from a small town to Bangalore in 2004. He shared, how Toastmasters helped him in a way to reach where is today. He gave the participating students tips on how to overcome stage fear and for improving self confidence.

The key note address was followed by table topic session where students were given an opportunity to speak on the given topics. Table Topics is a long-standing Toastmasters tradition intended to help members develop their ability to organize their thoughts quickly and respond to an impromptu question or topic. The first session was for Post Graduate students in which, ***Ms. Sahana Maria J of M.Com II*** semester spoke confidently on the topic' What advice would you give yourself if you were 10 year old?. ***Suresh N of M.Com II semester*** spoke on the topic 'Marketing tactics'. The second session was for the undergraduate students. The table topics for these students were, 'Why I miss my school',' First hero of my life'. ***Morium Khatun of B.Com II semester*** spoke on "first hero of my life". These brief speeches by our students were well appreciated.

These meetings online, protects the safety and well-being of its members. By transitioning to online meetings, clubs allow their members to continue pursuing their goals and provide human interaction that they might not otherwise get.

The department of commerce thanks the management of T.John College and the honourable Principal, Sr. Rose Mary Balappa who helped in making this online session possible.

References:

- https://www.toastmasters.org/
- https://in.linkedin.com/in/kishore-kvm-10859477

T JOHN COLLEGE TOASTMASTERS CLUB

PRESENTS

"WINNER WINNER CHICKEN DINNER"



TM KVM Kishore

RJ | Corporate Storyteller | Champion Speaker

Come experience the joy of Toastmasters in this special meeting!

MEETING ID : HTTP://TINY.CC/TJOHN
DATE: JUN 2,2020
SESSION 1: ALL POST GRADUATE & FAD STUDENTS
TIME: 9:50 AM
RSVP: PRERANA: 9986031971 , AMAN: 9538713111

All the UC departments of TJohn are coming together to learn, laugh and enjoy!

T JOHN COLLEGE TOASTMASTERS CLUB

PRESENTS

"WINNER WINNER CHICKEN DINNER"



TM KVM Kishore

RJ | Corporate Storyteller | Champion Speaker

Come experience the joy of Toastmasters in this special meeting!

MEETING ID : HTTP://TINY.CC/TJOHN
DATE: JUN 2,2020
SESSION 3: ALL BBA, BCA & BCOM STUDENTS
TIME: 11:50 AM
RSVP: PRERANA: 9986031971 , AMAN: 9538713111

All the UC departments of TJohn are coming together to learn, laugh and enjoy!


Participants (58)

Knowledge sharing session of BA & Languages Department

Date:30-05-2020

On 30 th May 2020, BA & Languages Department had a Knowledge sharing session in TJC. Three topics were presented.

The Topic presented by Ms Neelanjana Bose was **Neuro Linguistic Programming**, which is a pseudo- scientific approach to communication, personal development and psychotherapy. The session began with a live demo of NLP technique.

Ms Renu Kukreti presented on **"Chayawad Ka Roop "** in Hindi and its impact on students. Teaching methods in Hindi as adopted by the University was also explained by her.

Ms Vaishnavi presented on **Defense Journalism** and its importance.

The session was enthusiastically attended by staffs of TJC.






Need of the hour to introduce specialize courses besides a few options available in Defence and Strategic Studies Departments

FDP on Healthy Work Life Balance: Mindfulness in Daily Life

Date:13-03-2020

The **Department of Commerce**, T John College, organised a Faculty Development Program on '**Healthy Work Life Balance: Mindfulness in Daily Life**' on **13th March 2020**. The coordinator of the event was *Dr. Trupti H Dandekar,* Associate Professor, T. John College.

The inaugural session commenced with the welcome address by *Dr. Trupti*, followed by the auspicious lamp lighting ceremony. *Sister Rose Mary Balappa*, Principal, T.John College gave the inaugural address. This was followed by introduction of the theme by *Dr. C. Karthikeyan*, Head – IQAC. The vote of thanks was rendered by *Prof. Veena Anand* – Head of Department - Commerce, TJC.

The first session was on **Mindful Meditation for Balancing Healthy work life Balance** conducted by *Ms. Sophia Ngangbam*. Committed to teaching the importance of "Being You " and Evolve into a "Transformed You", Ms. Sophia is Head – Sales & Development MAIORA Visionary & Founder – Be The You Foundation. In her session Ms. Sophia challenged young adults and women to implement life strategies to overcome their fears, failures, anxieties, depression, distractions and anything that restricts them into achieving their dreams, success, love and peace. She conducted an interactive session with the participants which helped them open up about themselves.

The second session was on **Mindful Diet for Balancing Healthy work life Balance** conducted by *Dr. Meghana Pasi.* An enthusiastic professional with 15 years of experience in Public Health Nutrition and Dietetics, she is a Doctorate in Public Health Nutrition and is currently a Nutrition Consultant at Arogya World. She has been awarded the Centrally Administered Doctoral Fellowship by Indian Council of Social Science and Research, New Delhi. In her session Dr. Pasi stressed the importance of a healthy diet for a healthy mind. She spoke how in our daily life we eat a lot of unhealthy food, extra salt and extra sugar unknowingly and how all of this affects our body and mind. This was followed by a question answer session where the participants cleared a lot of their doubts about the food they eat and cook. It was an overall enriching experience for the participants, where they got time to think of themselves and their health. The program concluded with the valedictory session conducted by *Prof. Priya Thenissery*.

The department of commerce thanks the participants, Principal mam, Head IQAC, faculty members and all student volunteers who helped in making this program a success.











Cancer donation programme

Date:12-03-2020

"Small acts, when multiplied by millions can transform the World" - T. John College, NSS Unit in association with Green Trends Unisex Hair salon conducted "SHAIR" - Hair Donation Camp on 12.03.2020 for the underprivileged cancer survivors who suffer from alopecia
(Side effect of chemotherapy), targeted therapy, radiation therapy which causes hair loss by harming the cells that help the hair growth.

Students and faculty members were a part of this prestigious program and we are immensely proud to notify that more than 60 students of T. John College along with faculty members donated hair and made this programme and successful one.

This prestigious hair donation programme collects the natural human hair, transforms it into wigs and distribute the same for the underprivileged cancer patients.

Our heartfelt gratitude and sincere appreciations to our Administrator TJGI, Mr. Roy, our beloved to Principal of
T. John College, Sister Rose Mary Balappa, NSS Programme Officer, Mr. Arun Kumar. R for extending their support in timely manner.

We also thank our Media Partners :
* Prajavani (Leading Kannada Newspaper).
* Etv Kannada.
* Navayuga E newspaper.
* Daily Hunt E newspaper.

You're service in disseminating news about our relationship programme and spreading the awareness among the masses are beyond words.


राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME
T.JOHN
COLLEGE


राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME
T.JOHN
COLLEGE


T. JOHN
COLLEGE


T. JOHN
COLLEGE
green trends
Shair


राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME
T.JOHN
COLLEGE


राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME
T.JOHN
COLLEGE


T. JOHN
COLLEGE


T. JOHN

Celebrate what is right with world

Date:11-03-2020

The department of computer applications conducted a guest lecture on “Celebrate What’s Right with the World”, for all the BCA and MCA students .The honourable guest speaker was our beloved principal Sr. Rose Mary Balappa.
The program started with a prayer and went on with a questionnaire where the students were asked to answer the question on “What do You Celebrate in Life?” Students came out with various responses. The best response was when a student said that she celebrates every moment of her life.
The next a small video “Celebrate What’s Right with the World” by Dewitt Jones was played. Celebrating what’s right with the world enables us to recognize the options and opportunities before us, while helping to unleash our energy and creativity. Celebrating what’s right also allows us to harness the energy we need to fix what’s wrong with the world. Approaching our day-to-day lives with an attitude of celebration isn’t always easy. However, making a conscious effort to Celebrate What’s Right with the World can help all of us become more effective at whatever it is we’re doing with our lives. Then Sister explained 7 concepts and had questions for each concept.

7 Key Concepts of the Video

1: Believe it and you’ll see it.
2: Recognize abundance.
3: Look for possibilities.
4: Unleash your energy to fix what’s wrong.
5: Ride the changes.
6: Take yourself to your edge.
7: Be your best for the world

It was an interactive session as the students enthusiastically participated and understood the essence of celebrating each moment of life.





Guest lecture on ‘Impact of technology in E-Retailing’

Date:28-02-2020

The students of BBA VI Semester students attended a Guest Lecture on ‘Impact of Technology in E-Retailing was taken by Mr. Shankar Karthikeyan, Director, WFd Technologies Pvt Ltd on 28th February 2020.

Mr. Shankar has over 10 years’ experience in the industry ranging from being a senior software developer at Aditya Birla Minacs, SME at Capital One NA, and Tech Support at Apple Asia – Pacific. He is also a guest faculty at Saveetha School of Management, Chennai & Vels University, Chennai.

The Guest Lecture went on how IT has begun to play an increasingly important role in the management of complex retail operations. Market knowledge, as well as control of data and information, is key to obtaining a competitive advantage in the retail sector. It consists of Customer Data Management, Transparency and Tracking, Global Synchronization & Security Compliance.

The session was extremely engaging and insightful for the students to get a clear picture about various practical applications of the subject.


T.JOHN


T.JOHN


T. JOHN



Matri Bhasa Divas Celebrations

Date:28-02-2020

On 28th Of February 2020 " **Maatri Bhasa Divas**" was celebrated in T John College (TJC) with great enthusiasm. A SONG COMPETITION was organized by the BA & Languages Department of TJC, to mark the mother tongue day.

The Program began with 'Lighting of the Lamp ' by the Principal of TJC, Sister Rose Mary ,who was welcomed by Surya (4th BA). This was followed by an invocation song by Navya,BA 4th sem .

The importance of Maatri Bhasa Divas was very well explained by Sister Rose Mary, who encouraged our students to feel proud to speak, to learn- to read and write one's own mother tongue but she emphasized the fact that one must not propagate regionalism based on this context. We must respect each other and celebrate the diversity that makes our country unique.

The Program started with a **Kashmiri** folk song sung by Adnan in Kashir language,"Hukus Bukus". This was followed by Abdul Rehman of Oman who sang an **Arabic** song . The love with which the millennials were singing in their mother tongue, clearly portrayed their touch with their roots.

Students spoke about their mother tongue and its importance. Mukesh of 2nd sem BCA sang the **Nepali National Anthem** while Shadab, from Bihar made the crowd go wild with his **Bhojpuri** renditions. Chorus by BA students in **Kannada** was appreciated while BCA boys stole the show with their enthusiasm .

Jenson , Anto and Vinay from BHM sang **Hindi** songs with such clarity and tune that it confirmed the fact that music is an universal language .

More than 20 performances were recorded. The icing on the cake was the performance by our foreign students Mesoma, Grace , Kiboya and Pauly .They sang with fun and frolic and the crowd swayed in exuberance listening to their **African** and **English** songs.

Teachers also participated to encourage the students to come up and perform impromptu. Ms Renu Kukreti sang an **Uttrakhandi** song, while Ms Shaila sang a **Malayalam** song followed by Ms Neelanjana who sang two lines of a **Bengali Rabindra sangeet.**

The event was not only entertaining but also an acceptance of the fact there is Unity in Diversity- the uniqueness of our country INDIA.






T.JOHN


T.JOHN






T. JOHN
NAAC Accredited with 'A' Grade (Recognized by UGC under section 2(f) and 12(b)& Affiliated to Bangalore University
DEPARTMENT OF LANGUAGES
Celeberates
MAATRI BHASA DIWAS
LIST OF EVENTS:
SINGING COMPETITION | NEWS READING | POETRY | BEST HAND WRITING | JOKES
FOR FURTHER INFORMATION CONTACT :
DEPARTMENT OF LANGUAGES

Workshop on Mindfulness Meditation

Date:27-02-2020

A workshop on '**Mindfulness Meditation**' was conducted for **M.Com II Semester and M.Com IV semester** on 27th February 2020. The workshop was conducted by *Ms. Sophia Ngangbam,* Head - Sales and Business Development at MAIORA Visionary & Founder – Be The You Foundation.

The speaker, **Ms. Sophia,** conducted this workshop under the initiative of "*Why so serious - Lets put a smile on that face*". Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us. It's not all in one's head—one can practice mindfulness by sitting down for a formal meditation practice, or by being more intentional and aware of the things one does each day.

. Ms. Sophia advised the students to practice gratitude and be thankful and aware of what one has. She conducted an activity and asked students to state what they acknowledge in life. She also asked them to practice meditation for a few minutes.

This workshop was refreshing for the students. It was also an eye opener for the students, it made the students introspect and realise the importance of what they have in life.









Students Participation in Research Methodology Workshop at Bangalore University

Date:26-02-2020

The students of **M.Com IV** semester attended a one-day workshop on '**Research Methodology'** organised by Bangalore University (BU) – Department of Commerce in association with Indian Accounting Association (IAA). The students were accompanied by *Dr. Trupti H Dandekar* - Program Coordinator, M.Com, T. John College.

The chief guest was *Prof. Venugopal KR* - honourable vice chancellor, BU. The guests of honour were *Prof. B.K.Ravi* - Registrar BU & *Prof. M. Muniraju* – Dean & Chairman, Department of Commerce, BU. The resource persons were *Prof. K.Eresi* – former Dean & Chairman, Department of Commerce, BU and *Prof. S. Ramesh* – Former Dean & Director, PG Centre, Mount Carmel College. The workshop was presided by *Dr. Y. Nagaraju* – Dean, Faculty of Commerce and *Dr. R. Sarvamangala* – Chairperson, Department of Commerce & Executive Committee Member IAA.

Prof. Venugopal advised the students about the importance of teachers in a student's life. He said that a good teacher who can create knowledge & develop students holistically is a great as God. The workshop went on with the resource persons emphasizing that dissertation is a combined responsibility of the student and the guide. Various guidelines for dissertation were discussed followed by a question answer session where the students and M.Com coordinators of various colleges clarified their doubts.

The workshop was very engaging and helped the students get a clear idea about their path to dissertation.


Bangalore University
Hearty Welcome to all the Students and Delegates for


Bangalore University
Hearty Welcome to all the Students and




Bangalore University
Hearty Welcome to all the Students and Delegates for

Industrial Training for faculty

Date:17-02-2020

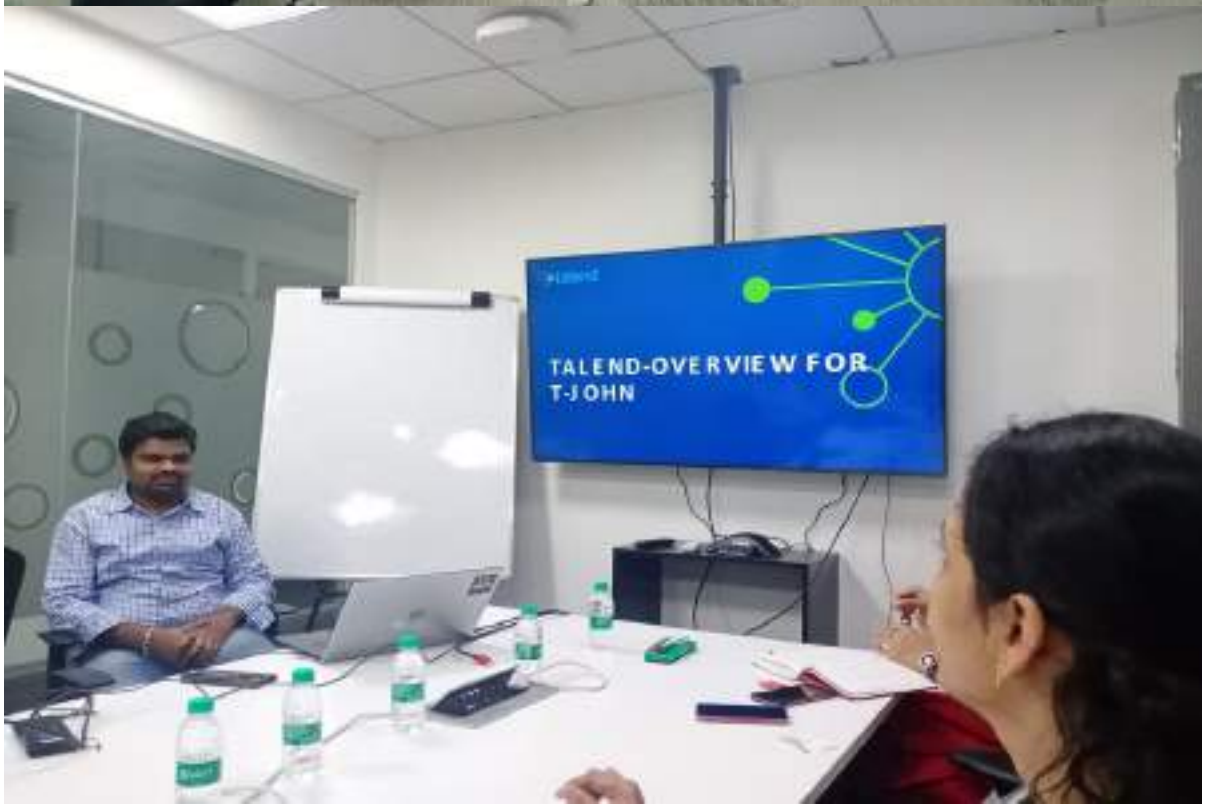
The faculty members of the **Department of Commerce**, T John College, comprising of Prof. Veena Anand (Head of Department), Dr. Trupti H Dandekar (Program Coordinator – M.Com), Prof. Charu Kapoor Sareen (Program Coordinator – B.Com), Prof. Priya Thenissery, Prof. Bindu KN and Prof. Suman Mishra visited **Talend Data Integration Pvt. Ltd** on **17th February 2020**.

The company was founded in the year 2005 by two entrepreneurs, Fabrice Bonan and Bertrand Diard to identify a gap in the enterprise information world. According to them there is data everywhere, but no simple or single solution to put it all together and get the most value out of it. The two entrepreneurs found Talend to modernize data integration. The services provided by the company include Training, Technical support, and Consulting. They provide solutions to industries ranging from Financial Services, Government, Healthcare, Retail and Telecommunications & Media. Their ecosystems include Amazon web services, Microsoft Azure, Google Cloud Platforms to name a few.

The faculty during the training were taken through the history of the company its various products. With various real life examples the faculty was explained about how data science and engineering is important. In today's world no industry can work independent of the other. With this thought in mind the faculty of the Department of Commerce interacted with the team of Talend to understand the avenues for industry academia collaboration, certification programmes for faculty and students, and the various applications and interfaces used by Talend.

It was an overall enriching experience for the faculty members and they hope to use the learning from the training by linking knowledge from books to talking about various software that are available in the field of Finance, Marketing and HR.




TALEND-OVERVIEW FOR
T-JOHN




talend

Participation in Guest Talk organised by Ambedkar Cell

Date:15-02-2020

Ambedkar Cell of T.John College organised a guest lecture on **15th February 2020**, which was attended by the students of **B.Com II**.

The lecture was organised to make the youth of today aware of the teachings of Dr. B.R. Ambedkar.

Dr. B. R. Ambedkar was popularly known as Babasaheb Ambedkar. He was one of the architects of the Indian Constitution. He was a very well-known political leader, eminent jurist, Buddhist activist, philosopher, anthropologist, historian, orator, writer, economist, scholar and editor. Dr. Ambedkar fought to eradicate social evils like untouchability and for the rights of the dalits and other socially backward classes throughout his life. He was appointed as India's first Law Minister in the Cabinet of Jawaharlal Nehru. He was posthumously awarded the Bharat Ratna, India's highest civilian honour in 1990.

"*Unlike a drop of water which loses its identity when it joins the ocean, man does not lose his being in the society in which he lives. Man's life is independent. He is born not for the development of the society alone, but for the development of his self*"

The event began with a speech by our honourable Principal, Sister Rose Mary Balappa. Sister highlighted some of the teachings of Dr. Ambedkar and stressed the importance of his words for the present generation. The speaker for the day was Prof. Revanasiddappa, faculty PEST University. He spoke on the influence of positive and negative thoughts on our actions, gave examples to highlight the teachings of Dr. Ambedkar and stressed on the importance of education.

The session was very inspiring and motivating for the students.







Guest Lecture

Date:15-02-2020

The Dept of Computer Applications in association with the Dr. B. R. Ambedkar Study Centre held a guest lecture on the 15th of February,2020. The event was graced by the honourable principal Sister Rose Mary Balappa. She lead the event with prayer and introduction about Dr. Ambedker. She explained about Ambedkar who was an Indian jurist, politician, economist, and social reformer. He fought for social discrimination towards the untouchables. He was also an independent India's first law and justice minister, the major architect of the Constitution of India. Then Sister emphasized not just about the power of education but also 3 key life lessons everyone can learn from Dr. B.R. Ambedkar.

1. Education is the key to success. Ambedkar was an educated person he had decorates in economics from both Columbia University and the London School of Economics. He did everything to educate himself.
2. "I measure the progress of a community by the degree of progress which women have achieved."Ambedkar strongly believed that the only way the society can progress is through empowering women. He was the first person in India to talk about maternity leave and to raise a voice for 'equal pay for equal work' for all.
3. “Life should be great rather than long” – a purpose bring with it a sense of responsibility to know there is something bigger than your being. He used his education to bring about a change he wanted to see.

The revered guest speaker was Dr. Revannasidappa, who captured the crowd with the quotes and inspirational words of Dr. Ambedkar. He spoke on ideas and philosophy of Dr. B.R Ambedkar, and about the efforts taken to bring the equality and abolish untouchability. Further throwing light on the importance of education and the efforts taken to socially depress caste system, the speaker could move the audience in a thoughtful fashion.


64MP AI QUAD CAMERA
Shot by KUNAL


64MP AI QUAD CAMERA
Shot by KUNAL


T.JOHN



Guest Lecture

Date:15-02-2020

The Department of Computer Applications in association with the Buddha Study Centre conducted a guest lecture on the 15th of February, 2020. The honourable Principal Sister Rose Mary Balappa graced the event with prayer and introduction about Buddha (Siddhartha Gautama). She explained about Buddha, who was a teacher, philosopher and a spiritual leader. He is considered the founder of Buddhism. He lived and taught in the religion around the border of modern-day Nepal and India between 6th to 4th century B.C. Then Sister explained how Siddhartha Gautama spent a fateful night in deep meditation beneath a tree. During his meditation, all of the answers he had been seeking became clear, and he achieved full awareness, thereby becoming Buddha.

The revered guest speaker Prof. Dominic Davidappa, captured the crowd with the quotes and preaching of Buddha. He spoke on ideas and philosophy of Buddha giving introduction on the name Buddha means "One who is awakened" or "The enlightened one". Although born a prince, he realized that conditioned experiences could not provide lasting happiness or protection from suffering. After his enlightenment, Buddha travelled on foot throughout Northern India. He taught constantly for forty-five years. People of all castes and professions, from kings to courtesans, were drawn to him. Throughout his life, Buddha encouraged his students to question his teachings and confirm them through their own experience. The teachings of Buddha are aimed solely at liberating sentinent beings from suffering. The speaker emphasized on The Basic Teachings of Buddha.

The Basic Teachings of Buddha which are core to Buddhism are:

1. The Three Universal Truths
2. The Four Noble Truths
3. The Noble Eightfold Path

The speaker captured the attention of the crowd by explaining the preachings of Buddha in a simple way and he gave an insight on how the younger generations can adopt the teachings in today's world.

The Three Universal Truths are:

- Nothing is lost in the universe
- Everything changes
- The law of Cause and Effect

Wherever Buddha went, he won the hearts of the people because he dealt with their true feelings. He advised them not to accept his words on blind faith, but to decide for themselves whether his teachings are right or wrong, then follow them. He

encouraged everyone to have compassion for each other and develop their own virtue: “You should do your own work, for I can teach only the way”.

If a person releases their attachment to desire and the self, they can attain “Nirvana”, the state of liberation and freedom from suffering. The speaker explained the importance of meditation to acquire inner peace.

The speaker inspired the audience with his graceful words. Finally the event concluded by conducting a quiz on The Life History of Buddha. It was an interactive session as the students actively participated and took part in the quiz conducted. The outcome of the event created awareness about Buddha amongst the students and enlighten the younger minds to follow his principles.






64MP AI QUAD CAMERA
Shot by KUNAL



Industrial visit to “Radison Blu, Bangalore”

Date:15-02-2020

The students of 6th Semester BHM visited Radisson blu, Bangalore. Radisson Blu is an international chain of hotels operated by Radisson Hotels. With roots dating back to the 1960s, the Radisson Blu brand name came into existence in 2009 with a rebranding from Radisson SAS. The hotel is a confluence of leisure and business, making it the perfect choice for business travellers and guests looking for unrivalled comfort. With 218 rooms across six categories as well as five dining options await guests at the hotel including Chinese and Thai food at Shao and traditional Indian cuisine at Saffron.The students got an insight regarding internal operations of the hotel. The session was very interesting and informative.


POCO
SHOT ON POCO F1


POCO
SHOT ON POCO F1


POCO
SHOT ON POCO F1

Workshop on Mindfulness Meditation

Date:13-02-2020

A workshop on '**Mindfulness Meditation**' was conducted for **B.Com VI semester** students on 13th February 2020. The workshop was conducted by **Ms. Sophia Ngangbam**, Head - Sales and Business Development at MAIORA Visionary & Founder – Be The You Foundation.

The speaker, **Ms. Sophia,** conducted this workshop under the initiative of "*Why so serious - Lets put a smile on that face*". Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us. It's not all in one's head—one can practice mindfulness by sitting down for a formal meditation practice, or by being more intentional and aware of the things one does each day.

This workshop was targeted at the final year students who are at the threshold for getting into a career. Ms. Sophia advised the students to practice gratitude and be thankful and aware of what one has. She conducted an activity and asked students to state what they acknowledge in life. She also asked them to practice meditation for a few minutes.

This workshop was refreshing for the students. It was also an eye opener for the students, it made the students introspect and realise the importance of what they have in life.









Guest lecture on 'The Stock Market – The World of Stock & Trading'

Date:08-02-2020

The students of **B.Com II** and **IV semester** were part of a guest lecture by **Dr. P Sathish,** Assistant Professor, Dayanand Sagar University on **8th February 2020**.
The speaker, **Dr. Sathish** has over 4 years teaching experience and published articles in peer reviewed journals which include Scopus Indexed Journals; Australian Business Deans Council (ABDC) listed Journals and EBSCO host Journals. He is well versed in handling Econometrics (E-Views) for financial data analysis in research area. He is gold medalist and earned first rank in B.Com at SRM University, Chennai and also earned Class topper in MBA and 39th Rank Holder in Anna University.
The focus of the guest lecture was to make the students aware of various aspects of the stock market, to know the risk return factors of stocks and to know the trading process of stocks. The speaker also gave an overview of the Indian Financial System and the IPO process. Topics like calculation of the index value and how to trade in stock markets was also discussed.
The session was extremely engaging and insightful for the students to get a clear picture about the stock market and its working.





Guest Lecture on Overview of Indian Stock Market

Date:08-02-2020

The students of BBA VI semester from Department of Management Studies attended a Guest Lecture on 8th February 2020. Dr. Satish, a doctorate from the deemed to be University Vellore Institute of Technology, Vellore conducted the session. He is specialised in Finance and Accounting and doing his research in the same area. He has completed MBA from Anna University and a gold medallist B. Com from SRM University, Chennai.

We got his precious time to give us a talk on most aspects of Stock Market like the basics of stock market and how one can invest and be a part of the stock market with regards to its various instruments and modalities of the Stock Market.

It was received very positively by the students and it was a very interactive session.




BSE

V V Deshpande Memorial Gold Medal

Date:08-02-2020

Mr. Swagath B S (1TJ15CV049) from Civil Engineering Department got the VTU Award "**V V Deshpande Memorial Gold Medal"** on 08/02/2020 at Belagavi for securing highest marks with first class in the subject Hydrology and Irrigation in the 7th sem.



"T.JOHN COLLEGE, UBA - NSS MEDICAL MISSION AND FREE MEDICAL HEALTH CAMP"

Date:07-02-2020

T. John College, NSS unit under the Unnat Bharath Abhiyan, a flagship project under MHRD, organised a Medical Mission and Free Medical Health Camp in association with Narayana Health Care Center at Homdhevanahalli (Doddathoguru Gram Panchayat) on 07.02.2020.

Our deep gratitude to The Admistrator, The Principal, Campus Cooridinator , the NSS student volunteers and the management for all the support rendered in order to make it a successful one. The Camp screened almost 174 underprivileged people of village. With the aim of identifying illness at early stage which can help to cure it faster and save a life before it can cause any damage.

The medical camp involved a number tests like Blood pressure, Diabetics, E. C. G , Free Mammogram, Cataract, General Disease Inspection, Women and Child help check up, Haemoglobinand BMI checkup, Heart issues, Oral and Breast cancer screening to enhance the well being of the community.


Shot on OnePlus


ಸಮುದಾಯ ಭವನ




T. John College, USA : NSS Unit is organizing
Medical Mission & Free Medical Health Camp


T. John College, UBA - NSS Unit is organizing
Medical Mission & Free Medical Health Camp








Shailaja Soman Memorial MMU
Supported by the Nilekani Family
Narayana Health
Health for all, All for health





Youth Day

Date:07-02-2020

To commemorate the 157th birth centenary of Swami Vivekananda, T. John College celebrated Youth Day on 7.02.2020.Students participated in host of colourful events like solo dancing, group dancing, mime, fashion show, fusion music. The Principal of the College, Sister Rose Mary, along with Mr.Suresh. N, College co-ordinator graced the occasion. Vivekananda cell, headed by Ms. Shila Davis initiated the programme, hosted by Language Department. The event was a grand success and Students thoroughly enjoyed the moment.




Youth Day








Youth Day




Youth D


th Day
ananda cell
7th Birth Annivers

AIMS school of Hospitality

Date:07-02-2020

Students from T.John College, Department of Hotel Management participated in "AIMS Hospitality Week 2020". The Competition was held at AIMS school of Hospitality and Tourism from 1st to 7th February. Our students won prizes in the following events.

1. MINATURE LANDSCAPPINGCOMPETITION– 2nd PRIZE – Mr. Rajnith and Mr. Vinay (4th SEMESTER BHM).

2. CULINARY COMP FOR THE STUDENTS - 2nd PRIZE – Ms. Athoshi and Mr.Basantha (6th SEMESTER BHM).

3. DESTINATION VLOGGING CONTEST- 3rd PRIZE – Mr.Sagar and Mr.Yallingheshwara (4th SEMESTER BHM).

4. INNOVATIVE COCKTAIL MAKING WITH AVAILABLE INGREDIENTS - 3rdPRIZE – Mr.Arjun Dev (6th SEMESTER BHM).

5. QUIZ COMP (Front office / Housekeeping / Tourism) - - 3rdPRIZE – Mr.Saleem and Mr Janaka (6th SEMESTER BHM).

The Management, staff and students congratulate their winning and we wish them the best in future.



PARTICIPATING @ TOI PLANTATION DRIVE (BANGALORE UNIVERSITY)

Date:02-02-2020

"Each one, Teach one , how to plant one"

One of the best gifts we can give a future generations are Tress, T. John College firmly believes, planting a tree is the easiest way to align oneself with the cosmic rhythm.

T.John College, NSS unit, with student volunteers and, NSS coordinators actively took part in the " One Tree is all it Takes" a plantation drive held at Bangalore University, Gnana Bharathi Campus on 2nd February 2020 , in association with Hero MotoCorp & TOI who has planted more than 1.2 million trees in the last 3 years across India.

Students were given a platform to connect themselves to the mother earth.
T. JOHN COLLEGE, always encourages and supports students to emphasize on the ecological sustainability and, also to enhance The Green Forest Cover & Biodiversity.














ONE TREE
IS ALL IT TAKES


Hero
TOI
GREEN
DRIVE
ONE TREE
IS ALL IT TAKES

Visit to Sion Spirituality Centre by M.Com Social Service Club members

Date:18-12-2019

Sahana Maria & Akshita SN, students of M.Com I semester, both members of Social Service Club visited the Sion Spirituality Centre in Hosur, on 18th December, 2019.

Their experience in their own words:

"We got an opportunity to take a peek into the lives of the aged in an old age home and spread happiness by distributing Christmas gifts, snack and Christmas cake. It was a blissful experience. The place was a spiritual centre that provides shelter and spiritual and physical support to the aged who have been placed there for various reasons. The faculty conducted games, sung Christmas songs, and performed a dance for them. They enjoyed it a lot. Seeing their eyes light up with happiness was a humbling experience for us. We were inspired by the fact that they grow their own vegetables and fruits in their premises which is used in preparing the meals. We feel blessed to have got a chance to meet them and mingle with them and to know their life stories. We thank the management of T.John College and our Principal Rev Sr. Rose Mary for this lifetime experience."

The students were accompanied by our Principal, Rev Sr. Rose Mary and the faculty members of T.John College. The T.John College staff whole heartedly contributed money for this charitable event. The cash collected was used to buy sweaters and pullovers for the aged. The Christmas cake was distributed to everyone. It was prepared by our Hotel Management Department and sponsored by management of T.John College.


SION SPIRITUALITY CENTER









Visit to Sion Spirituality Centre by M.Com Social Service Club members

Date:18-12-2019

Sahana Maria & Akshita SN, students of M.Com I semester, both members of Social Service Club visited the Sion Spirituality Centre in Hosur, on 18th December, 2019. Their experience in their own words: "We got an opportunity to take a peek into the lives of the aged in an old age home and spread happiness by distributing Christmas gifts, snack and Christmas cake. It was a blissful experience. The place was a spiritual centre that provides shelter and spiritual and physical support to the aged who have been placed there for various reasons. The faculty conducted games, sung Christmas songs, and performed a dance for them. They enjoyed it a lot. Seeing their eyes light up with happiness was a humbling experience for us. We were inspired by the fact that they grow their own vegetables and fruits in their premises which is used in preparing the meals. We feel blessed to have got a chance to meet them and mingle with them and to know their life stories. We thank the management of T.John College and our Principal Rev Sr. Rose Mary for this lifetime experience." The students were accompanied by our Principal, Rev Sr. Rose Mary and the faculty members of T.John College. The T.John College staff whole heartedly contributed money for this charitable event. The cash collected was used to buy sweaters and pullovers for the aged. The Christmas cake was distributed to everyone. It was prepared by our Hotel Management Department and sponsored by management of T.John College.


SION SPIRITUALITY CENTER









CHRISTMAS PARTY 2K-19

Date:17-12-2019

Happiness Department CHRISTMAS PARTY 2K-19
Believe in the Magic of Christmas!!!!
The department of happiness conducted Christmas Programme in college for the teaching staff and non-teaching staff on the 17th of December 2019. The day was filled with joy and happiness. The Christmas colours of red, white, and black attire brightened the seasonal celebration. The programme began with Christmas music and delicious lunch sponsored by the TJC faculty, prepared by BHM department, and served by BHM students and staff. It was followed by Christmas chorales by staff choir group as well as the volunteer musicians. The traditional Christmas songs indeed put us everyone in Christmas spirit and mood. Even the Audience could not resist from singing.
Then an incredible inspiration speech about the 'Christmas gift' was given by our Principal Sr. Rose Mary Balappa. She spoke about the gift, that there is nothing better than receiving a gift. A wrapped present is a mystery that is guaranteed to be excellent. We do not know exactly what is inside, but we know it is for us, and it is probably something we wanted. We all eventually reach an age at which giving gift becomes just as thrilling as it is receiving it as a child. We grow up to find that the joy of making someone happy is more powerful than you could have possibly imagined.
There's something inexplicably satisfying in witnessing people unwrap a gift and respond with amazement and happiness. She thanked the entire faculty members of TJC for donating money to purchase sweaters and pull overs to Sion Spiritual Centre elderly. She stated that this act will put a smile on their faces.
At Christmas, we celebrate God's gift to us of his son, Jesus. It is a gift of love, joy, peace, and hope we are called to bring into the world. Christmas calls us to live in its message of gift. Live the true meaning of Christmas throughout the year by carrying His love into the world. Give thanks for the gift we are to each other. Live in the wonder of the gift of Christmas: each of us is loved by God. The power of this gift has to transform our world should be our hope. She concluded her speech by wishing everyone and their families a Merry Christmas and Happy New Year of 2020.
Later, we conducted the Secret Santa game, in which all were curious to know their secret Santa, it our turned suspicion to surprise for everyone. Then the audience participated in giving special memory of their Christmas celebration.

After there was an inspiring Christmas dance organized by faculties which was an awe moment to the audience. We ended the programme with the DJ music and dance, and with the treat of Christmas cake and Wine. The success of the Christmas programme 2019 was the involvement, cooperation, and active collaboration of the entire departments of TJC.













A Visit to Make My Garden

Date:29-11-2019

A visit to 'Make My Garden' near Begur was organized by MCA Club, Department of Computer Science of T. John college for 3rd and 5th semester MCA students on 29th November 2019.

33 students along with two faculty members, Ms. Soumya Unnikrishnan and Mr. Srinivasa Prasad, visited 'Make My Garden'. Make My Garden- enjoys the large market share of being one of the leading marketers of organic agro inputs in India providing it economies of scale and with timely opportunity to set up state of the art manufacturing units to produce products in the most economical way..Mr. Ashish Bhudata Founder and CEO, basically a bio medical professional explained the importance of growing fruits and vegetables' using organic methods, effect of using pesticides on human health. Ms.-Chethana Bhudata explained the importance of growing plants in and around us, importance of indoor plant and how the plants help in detoxifying our body.

All participants received a gift voucher worth Rs. 125. Students had detailed discussion with the other personnel's of the organization and made the visit more interactive and useful.






MMG
Garden Center

KANNADA GUEST LECTURE

Date:18-10-2019

A guest lecture in Kannada was organised by Department Of Languages on October 18th 2019. The talk was given by Dr. Shantaraju, M.A ,Ph.D,Asst Professor , St. Francis de sales College.

The talk was given on the topic " Kannada Kavya mattu Maanaveeya Nelegalu". He elaborated the importance of human relations quoting Da Ra Bendre and K S Narasimhaswami and their works. He also quoted folklore and their importance with respect to our lives. He also sang few folk songs , which appreciate the human relations and society.

The session was well received and was helpful for the students of Kannada.




T.JOHN

Awareness Campaign by NSS volunteers on Swachh Bharat Abhiyan & Cancer Prevention

Date:04-10-2019

Swachh Bharat Abhiyan – Cleanliness Mission. The Students Role in Swachh Bharat Abhiyan is said to be vital in turning India clean and green as they are the emerging crops of nation. Awareness of cancer and to encourage its prevention NSS volunteers of T.John College had taken up the initiative of spreading awareness amongst the students and local community about cleanliness and the ill effects of smoking, liquor consumption and usage of drugs. The NSS Volunteers prepared charts and showcased it to others by conducting a rally campaign in T.John College Campus on 27th Sept 2019 and in Basavanapura locality on 04th Oct 2019. The program was coordinated by Mr. Arun Kumar.R, NSS coordinator, T.John College.








T.JOHN
T.JOH

BLAZE 2k19

Date:19-09-2019

The power packed two-day inter college fest "BLAZE" on 19th and 20th September 2019 was held in the T. John College premises in a spectacular manner. The caption of BLAZE says - A spark can set it ablaze! It was a mesmerising response and the students set the event on blaze. The grand event started with registrations of around 1300 participants from 99 colleges across Bangalore, with welcoming the dignitaries and the participants. Professor Ms.Sandhya hosted the programme and welcomed:

The Chief Guest Mr. Prasanth Nair, IAS Officer,

Our Honourable chairman Dr. Thomas P John

Rev. Sister Rosemary Balappa, Principal, T John College,

Mr. Roy, The administrator of T John Group of Institutions.

Mr. Suresh Director and College Co-ordinator, T John College

Dr. Karthikeyan, Director of MBA and Head – IQAC, T John College and the Principals of T John Group of Institutes.

Invocation song was beautifully sung by the T John Students and

The lighting of the lamp ceremony was performed by the Chief Guest Mr. Prasanth Nair, IAS Officer, Our Honourable chairman Dr. Thomas P John and Rev. Sister Rosemary Balappa, Principal, T John College.

Our Honourable chairman Dr. Thomas P John gave the presidential address. It was quick yet thought provoking. He spoke eloquently and encouraged the students to Dream big, pursue their dreams and achieve it. He concluded saying dreams are not those which come while we are sleeping, but dreams are those that don't let you sleep. He asked to "dream as big as you can imagine".

Next the chief guest Mr.Prasanth Nair, IAS Officer, delivered a valuable speech (He is a civil servant and member of the Indian Administrative Service, serves as a Managing Director of Kerala Shipping and Inland Navigation Corporation. He graduated Law from the University of Kerala. In 2007, he was selected to the Indian Administrative Service (4th rank all India) and borne on the Kerala cadre. He has served in various capacities and in various sectors including Tourism, Taxation, Roads, Water supply, Skill Development etc.,

Mr. Prasanth is considered as a pioneer in using the social media for governance in India. Even now, Collector Kozhikode Facebook page is the most followed district administration page in India.

He has also served as a speaker at various media and development forums including the UN University-Bonn, TEDX, LBSNAA-Mussoorie, IIT, IIM, IRMA just to name a few.)

In his speech Mr. PrasanthNair gave much importance to the need. He encouraged the students for their laudable talents. “With great power comes a great responsibility”. He shared great stories about his poor and ordinary friends from interiors of Andhra Pradesh and Jharkhand, how they became IAS officers with the right goal and passion.

He spoke that students are very creative and innovative and should set clear goals and study. They should understand why they wanted to serve the Society. To be good humans, to keep transforming and to keep changing. He concluded saying Education is the key and students should inspire galaxies of generation.

Invocation of God’s Blessing and Declaration of Blaze 2019 was done by Rev. Sister Rose Mary Balappa, Principal T.John College.

Dr.Karthikeyan, Director of MBA and Head – IQAC, T John College, gave the vote of thanks and conveyed his heartfelt gratitude for accepting the invite and making BLAZE a mega successful event.

Distinguished guests, elite staff and the students of the college also attended the inaugural function.

Two days were planned with lot of Fun-Filled Activities:

First day Included:

Onstage- Solo-Singing, Solo Dance, Group Dance, Beat Boxing, Mr/Miss Blaze.

Offstage- front office quiz, interior designing, blending legacy, cookery comp, doodle art, camera on roll, pixel o graphy, master minds it quiz, brainy o memory, mariners (treasure hunt), face art, sketching, tattoo making, best manager, business quiz, mad ad show, channel surfing.

Second day Included:

Day two was the exuberant sports event Table Tennis, Football, carrom, volleyball, gully cricket, and Throw Ball. For the Winners, Runners up and Participants, prizes included Cash, Trophies and Certificates.

It was indeed a delightful day and treat to everyone who participated. The BLAZE 2019 witnessed uniqueness. Students were enthusiastic and highly energetic and stayed motivated till the end. Everyone enjoyed the splendid performance and the team spirit. With God’s blessings everything went well beyond our imagination. The BLAZE 2019 was a great Success!


T. JOHN
GROUP OF INSTITUTIONS




T. JOHN











INDUCTION PROGRAMME FOR MBA SEMESTER 1

Date:18-09-2019

The Department of Management Studies organized a 6 days Induction Program for MBA semester I Sem Students of Batch 2019-21. The programme started on 18.09.19 with an inaugural function. In the inaugural function the Principal, Sister Rose Mary blessed the students with her inspiring words. Sister Rose Mary explained the students about the meaning of self-respect and attitude as students, she suggested students to be presentable and responsible. She also emphasized on responsibility to be learnt by the students as MBA is a demanding profession where learning new skills and technologies are inevitable. Sister also motivated students with her words to be a complete package to join industry with good communication skills and proper resource optimization.

The IQAC Head Dr. Karthikeyan also graced the occasion with his presence. HoD, Prof Gopan addressed them and informed them about the Industry demands and how to work hard and reach their goals. Mr. Vimal Tripathi, the Industrial guest for the day shared his experience with the students and asked them to take ownership for achieving the target. On 19th and 20th September, the students participated in the organization of BLAZE, Annual College Fest. On the third day of induction, the Placement Officer Prof. Lokesh shared tips and expectation of the Placement department from the students. Mr. Sanjay, Guest Speaker of the day addressed the students about the performance management system in Industry. In the second half of the day the students played some Team Building games organized by Prof. Suman and Dr. Jincy. Lastly Dr. Trupti concluded the day with an article review session.

On 24th September, the students started their day with 2 guest lectures. The first guest lecture was on professional etiquettes and looks by Gillette Executives. The second was by Ms. Silky and Ms. Vagneesha on Digital Marketing. Both the lectures were very informative. After the guest lecture Dr. Trupti took a session on Case Study Solution and Methods. The day concluded with Goal setting and Time Management Session by Prof. Pious. On 25th September Students went for an industrial visit to GP Foods, Jigani. During the second half of the day the students participated in talent show. Over all 6 days extensive induction program provided the new batch of students with an opportunity to understand and be ready for a rigorous 2 years' professional course of MBA.






T.JOHN


T.JOHN





3rd Sem, MCA Orientation Programme

Date:16-09-2019

The Department of Computer Applications organised an orientation program for the newly admitted Postgraduate students of 3rd Semester, MCA on 16th September, 2019. Students and their parents were formally welcomed and introduced to the culture of the College.

The programme started with a welcome speech and knowledge sharing session by the T.JOHN College Principal, Rev. Sr. Rose Mary. She inspired all the students and teachers by making them understand about the importance of latest technologies and not stick on only to academics.

The next speaker was Mr. Srinivas Prasad, Placement Co-ordinator, TJC. In his speech he spoke on the importance of Softskills and Personality Development which are the two important factors for improving the interpersonal skills.

The last speaker was Dr. Felcy Judith, Director, Dept of CA. She gave a complete insight of the course and making the new students understand the importance of the course. She also motivated the students to have high visionary goals in their professional life and how MCA is a unique course that focuses on the technological growth and job opportunities.









Hindi Divas Celebration

Date:14-09-2019

The Department of Languages ,T.John College, celebrated the Hindi Divas on 14th September 2019. Rev.Sr. Rose Mary Ballappa , Principal , T.John College inaugurated the session by lighting the lamp.

Ms. Renu Kukreti, Assistant Professor in Hindi and Ms. Mandvi, Assistant Professor in Hindi were present on the occasion. Prof. Renu, welcomed the gathering and the students compered the function which saw enthusiastic. Participants took part in essay writing , quiz, poetry and Shayari competitions and anthakshari. Students are motivated to give speech , kabir Das ki dohey. Hindi Divas program ended with national anthem .








T. JOHN

REPORT ON GUEST LECTURE

Date:13-09-2019

The Department of BAJEP organised a Guest Lecture on “Literature As it is, and it was” on the `13th of Septemer 2019. The speaker, Mr. Abhimanyu is an accomplished writer who has been awarded the Shitya Shree award at the International Writers Festival in 2018. The session focused on the importance of Literature in the modern world, its role and the transformation of literature to suite the social changes. Mr. Abhimanyu further helped the students in understanding the various methods of writing a text, reading a text and creating new ideologies. The session was followed with a question answer round which helped the inquisitive students to get answers for their questions on creative writing.



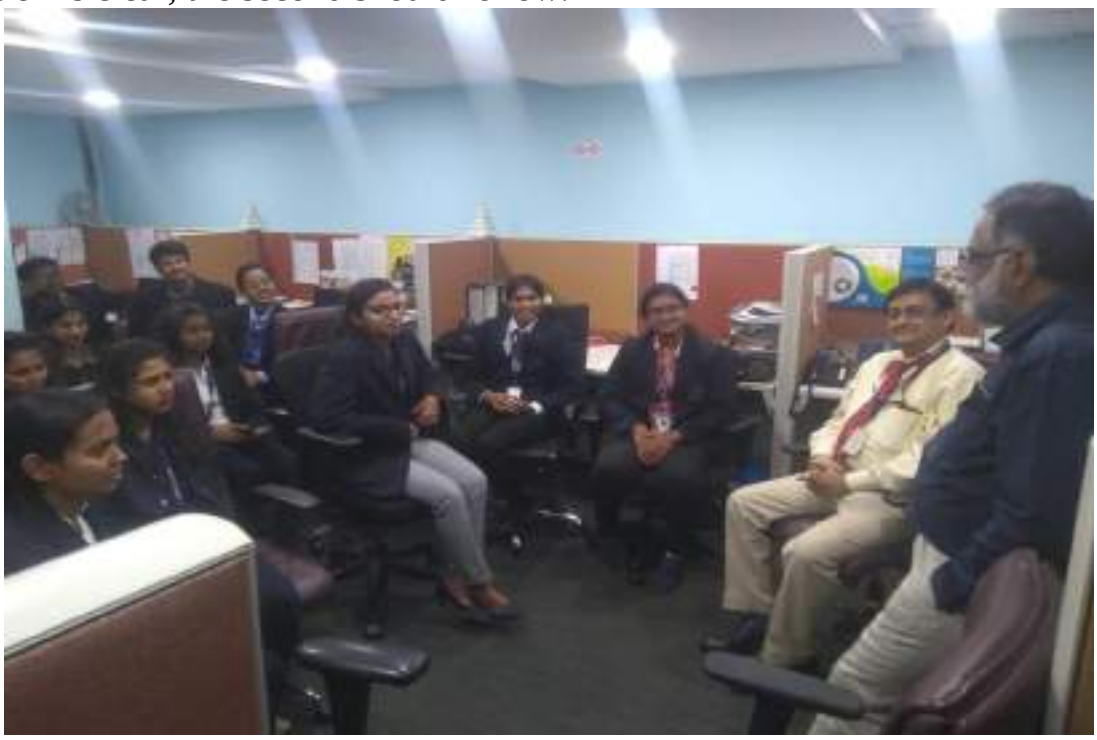




GUEST LECTURE AT 4R RECYCLING PVT LT

Date:22-08-2019

The Department of Commerce organized an Industrial Visit for its M. Com Semester III students on 22nd August 2019. 15 students from the class attended the same. A Guest lecture was conducted by Mr Ramanathan the CEO of the organization for the students. Mr.Ramanathan too was a M. Com by qualification and was happy to meet students from his course. He explained them what is expected from them to succeed in their lives. He talked to them about setting up a start-up. He explained them it was very important first to understand why they need to start a start-up. Rather than how they can set up a start-up. If the first question is clear, the second should follow.



Report on UBA NSS Swachh Bharat Abhiyan Activity at Doddathoguru Village on IndependenceDay

Date:15-08-2019

Mahatma Gandhi had rightly said, “Sanitation is more important than Independence”. He was aware of the pathetic situation of rural India at that time and he dreamt of a clean India where he emphasised on cleanliness and sanitation as an integral part of living. As part of Swachh Bharat Abhiyan, a lot of activities are undertaken to ensure a clean and green India. The Students Role in Swachh Bharat Abhiyan is said to be vital in turning India clean and green as they are the emerging crops of nation. Being said that, they are the brand ambassadors of this noble cause. *Students* can also help their ignorant or illiterate family members and others.

A cleanliness drive was taken up by NSS volunteers as part of Unnat Bharat Abhiyan project at Doddathoguru Village by celebrating 73rd Independence Day in the village. 35 NSS student Volunteers from T.John College picked up unwanted plants and plastic waste in the public utility area. Not only students cleaned the given areas but also they educated and created awareness to the rural people that “Cleanliness is often achieved through cleaning”. Volunteers were given food and refreshments. The initiative was taken by Ms. Vaishnavi.R, and coordinated by Mr.Arun Kumar.R, NSS Coordinators, T.John College, we are glad that Principal and Management for their support for making this activity a success.






T.JOHN
NATIONAL SERVICE
T.JOHN COLLEG
Road, Bengal
BHARAT ABHIYA





INDEPENDENCE DAY CELEBRATION

Date:15-08-2019

The 73rd Independence day celebrations was held with great enthusiasm at T.John College. The event started with hoisting of the National Flag by our respected Principal Rev.Sr.Rose Mary, Mr. Suresh, Campus Coordinator,TJC and Director BHM department and Dr.Karthikeyan, Director Department of Management Studies, and Head of IQAC, T.John College and Mr.Govind Kumar, Director of Physical Education Department, TJGI. This was followed by a speech by Ms. Aparna TV, HoD, Languages and BAJEP which encapsulated and traced the understanding of the term Independence and the role of individual citizens for a progressive India. Our respected Principal gave an inspiring and motivating speech to the staff and students alike on what it entails to be a true Indian citizen in the modern day. The cultural events performed by students various departments added vibrancy, energy, brimming with patriotism.

The programme ended with a vote of thanks by Ms.Sanndhya P, Assistant Professor, Department of Management Studies.

The event saw students and staff come together and enthusiastically celebrate the day of Independence.


BETTER WORLD
Let's start
TOGETHER




FEDERAL BANK



Flood relief campaign for the North Karnataka Flood Victims by T.John College, NSS Unit

Date:14-08-2019

NSS Volunteers of the college organized a two days Flood relief campaign for the North Karnataka Flood Victims on 13th and14th of August, 2019.

Collection center was kept open for these two days and it was mind blowing to see the students and staff contributing to the cause in huge numbers. No cash was collected but people contributed Mineral water bottles, Sanitary napkins, Towels, Bedsheets, Torch lights, Candles and Match boxes, Soaps and detergents, Tooth brushes and Tooth pastes, Biscuits, Sugar packets, rice, tea bags and medicines.

The event initiated by the NSS volunteers of the college turned out to be a huge success with the support of Principal, staff and students. The amount of goods collected were segregated on the basis of nature and usability of the items, they were packed in 24 carton boxes, labeled and handed over to NSS Bhavan, Bangalore University by NSS Coordinators and NSS Volunteers. The active participation and contribution of the students was commendable and the event turned to be a wide form of rendering support to the people in need. The campaign was organized by Mr. Arun Kumar.R and Ms. Vaishnavi, NSS Coordinators, T.John College.


Good Day
Good Day





INDUSTRIAL VISIT TO CADABAMS REHABILITATION CENTRE, KANAKAPURA ROAD

Date:10-08-2019

The department of BA JEP, T.John College organised a an industrial visit to CADABAMS REHABILITATION CENTRE, Kanakapura road. The objective of the visit was to understand the abnormalities associated with the mental health. At CADABAMS centre, the students were taken around the different cottages by a resident, who guided the team in discussing treatment and at the various Psychiatric blocks. The Psycho,Social rehab centre which handles cases like Obsessive Compulsive Disorders, Dementia, Drug addiction, Depression, Anxiety, Personality Disorders and Schizophrenia houses almost 600 residents who are treated by Psychiatrists, Counsellors and nurses. The students interacted with some of the residents in groups in order to understand the system of rehabilitation. The session was followed with an address by Mr. Ananth Rag Yalamuri, Direcctor-Administration, CADABAMS Mental Health Care Services Pvt.Ltd on the schedule of the Psychiatric social workers, Doctors, Counsellors and Nurses at the centre, internship and job opportunities and he guided the students in choosing the right PG course for becoming a full time counsellor.


Cadabam's


Cadabam's

IQAC Session on Mentoring

Date:08-08-2019

IQAC (Internal Quality and Audit Control) of T.John College conducted a session on Mentoring on the 8th of August 2019 in the CTL Seminar Hall for all its faculty members. It was conducted by Prof. Pious Thomas.

Prof. Pious talked on a new approach to Mentoring. He outlined the steps for mentoring and how to conduct the same for both the UG and PG students of the college. He documented specific examples and benefits of the same.

The faculty members gave a rousing response to the session in the feedback form and felt it was done well in a proper environment.





The Orientation of M. Com Semester III

Date:07-08-2019

The Orientation of M. Com Semester III
Date: 07-August-2019
The Commerce Department, T. John College launched the new Semester III for the odd semester 2019-20. The session was presided over by the Principal, Rev. Sr. Rose Mary and conducted by the Sem III Coordinator Prof. Vineesh Vinay Vedsen. He introduced the new Principal to the students. It was also attended by the Commerce HOD Prof. Veena Anand and the Programme Coordinator Dr. Dippi Verma. Rev. Sr. Rose Mary spoke to the student about seeing the big picture of doing the course and work at a Universe level. She spoke about the importance of time management in building a student's life at this point. Prof Veena Anand spoke about what she looked forward from the students in the coming session. Dr. Dippi Verma spoke about a lot of new ground rules set for this semester beyond the usual things they have been doing thus far. She spoke of the key focus areas on grooming, attendance, discipline, group projects and asked the students to take this forward in an uncompromising manner. Prof Lokesh VR as the Placement Officer spoke about the need to create as many skills to be employable. He pointed out key focus areas for the commerce students to know before they get ready for employment.



Introduction to Yoga and Meditation for NSS Volunteers of T.John College

Date:02-08-2019

In our increasingly fast-paced and technologically advanced society, it is absolutely vital that young people learn the necessary techniques for dealing with stress, anxiety, self-esteem, self-expression, peer pressure, anger, depression, and countless other issues they may face in the coming years.

Yoga and Meditation can contribute directly to improved mental focus and concentration among students. Both yoga and most forms of meditation include an increased focus on breathing techniques.

On 2nd August 2019, as part of club activity NSS Unit of T.John College invited Mr. Satyam, Yoga Trainer from Art of Living to introduce few basic yoga and meditation techniques to the NSS Volunteers as the first activity for the students enrolled in NSS Unit. The activity started with warming-up exercises, breathing techniques followed by short meditation. Students actively participated in the activity and at the end of the session they shared feedback that what changes they could see and realize after practicing Yoga and Meditation created the mind and body in a state of relaxation improved. The activity was organized by Mr. Arun Kumar.R and Ms. Vaishnavi.R, NSS Coordinators, T.John College.













Guest lecturing 29/07/2019

Date:29-07-2019

Guest lecturing was arranged for BCA 5th SEM in the seminar hall from Mr. Rajesh (Associate President Deutsch Bank) and Leadership coach & Behavioral skill trainer from Bangalore. A well trained trainer made the session to reach knowledge to our students in depth. The session started with an introduction to a few observations about current status of working culture with programming skills.

The session continued with the explanation of the current trends in IT industry. After the introduction session, trainer spoke about how to build a powerful career with the help of required programming languages, to attain be success in life with that knowledge. Implementation of latest technologies in different companies proved to be impactful. The one hour session was well interactive and highly useful for all the set of students who participated.



Forbes India

Date:30-04-2019

It is with much honor, pride and delight that Dr. Shikha Tiwari, Principal, T.John College, was recognized by Forbes as India's Top 100 Great People Manager. Forbes India in association with the Great Manager Institute conducted a survey as a part of recognizing Great People Manager, and Companies with Great People Manager across India. The survey was conducted in two rounds. The first round consisted of an online survey , which was accessed by the faculty members of T.John College through a link sent to the official mail ids by the Great Manager Institute. The survey comprised of series of questions which assessed the flow of hierarchy from the managerial level. The organisation got shortlisted for the second round of the survey, highlighting the Best Practices followed by the Manager in leading the institution to its success and glory. The cumulative effort and hard work was fruitfully reflected as Dr.Shikha Tiwari, Principal, T.John College got recognized in the list of India's Top 100 Great People Managers. The college is truly taking pride of this humungous achievement, which is a culmination of the dedication bestowed by Dr. Shikha who has etched her mark in history.



The Accessible Disciplinarian

Shikha Tiwari does not believe in hierarchy and wants people to have the right attitude for every occasion

Top 50 Medium & Large Sized Organisations

- Aditi Staffing India Pvt Ltd
- Ami Lifesciences Pvt Ltd
- Amway India Enterprises Pvt Ltd
- Applied Info Services India Pvt Ltd
- Artemis Hospitals
- Avnet India Pvt Ltd
- Beroe Consulting India Pvt Ltd
- Biesse Manufacturing Co Pvt Ltd
- Broadcast Audience Research Council India
- BSI Group India Pvt Ltd
- Cargo Partner Logistics India Pvt Ltd
- Chatterjee Cleaning Arts Services Pvt Ltd
- CIM Global Pvt Ltd
- Cinepolis India Pvt Ltd
- CORE Diagnostics Pvt Ltd
- Cushman & Wakefield India Pvt Ltd
- Dream11 Fantasy Pvt Ltd
- Eisai Pharmaceuticals India Pvt Ltd
- Expo Freight (P) Ltd
- Feedback Energy Distribution Company Pvt Ltd
- Feedback Infra Pvt Ltd
- Gozoop Online Pvt Ltd
- Group Landmark
- HackerEarth Technologies Pvt Ltd
- Hafele India Pvt Ltd
- HDFC Life Insurance Co Ltd
- Helia India Lighting Ltd
- Impetus Infotech India Pvt Ltd
- Karma Management Consultants Pvt Ltd
- Koenig Solutions Pvt Ltd
- Mahindra and Mahindra Financial Services Limited
- Mahindra Holidays & Resorts India Ltd
- Manoj Vaibhav Gems 'N' Jewellers Pvt Ltd (Vaibhav Jewellers)
- Marian College, Kuttikkanam (Autonomous)
- Mayo College, Ajmer
- National Peroxide Limited
- News Corp Mosaic Media Ventures Pvt Ltd
- Nexval Infotech Pvt Ltd
- Nitta Gelatin India Pvt Ltd
- Ozone Group
- PayU Payments Pvt Ltd
- Property Solutions (India) Pvt Ltd
- Rakuten India Enterprise Pvt Ltd
- Signify Innovations India Ltd
- SRSG Broadcast Pvt Ltd
- T John College
- The Akshaya Patra Foundation
- Vaibhav Global Ltd
- Vritti Solutions Limited
- WaterHealth India Pvt Ltd

Top 5 Small-Sized Organisations

- Club Concierge Services (India) Pvt Ltd
- Shortlist
- Talentrupt RPO LLP
- Yellow Tie Hospitality Management
- Zoom Insurance Brokers Pvt Ltd

GREAT MANAGER INSTITUTE™

Great People Manager™

Forbes INDIA

Dr Shikha Tiwari

T. John College

2019

100 Great People Managers

The list is a diverse mix of CXOs, senior and junior managers

NAME
Organisation Designation

ABHISHEK KULKARNI
Property Solutions (India) Pvt Ltd
Regional Head, Pune

ANITA TYAGI
Amway India Enterprises Pvt Ltd
VP- Special Events and Facilities

ALOK PRATAP SINGH
CORE Diagnostics Pvt Ltd
Assistant General Manager

AMIT RAMANI
AMRI Founder & CEO

ANIL KHANNA
Blue Dart Express Limited Ex-MD

ANKUR SHAH
HDFC Life Insurance Limited
Executive VP

ANSHUL JAIN
Cushman & Wakefield India Pvt Ltd
Country Head and MD India

ARIF KHAN
Bakshire India Enterprise Pvt Ltd
Director, Engineering

ARUN M VIJAYAN
Bonso Consulting India
Pvt Ltd Team Lead

ASHEESH JOSHI
Signify Innovations India Ltd
Head of Passive Service Centre

ASHIMA BOONA
Clearpolis India Pvt Ltd Head, HR

BANSI RAJA
Gozoop Online Pvt Ltd
Chief Happiness Officer

BRIJESH SINGH
Fast-Track Diagnostics Asia
Director and Country Manager

DEBASIS PANDA
Avnet India Pvt Ltd Associate Marketing Director

DEEPAK SRIVASTAVA
Amway India Enterprises Pvt Ltd
Senior VP-Legal & Compliance

DHARMENDRA JAIN
YASH Technologies Pvt Ltd
CFO & Head-HR

DILIPKUMAR KHANDELWAL
SAP India Pvt Ltd President SAP HANA Enterprise Cloud and MD SAP Labs India

Dr ANKITA SINGH
CIGNEX Datamatics Pvt Ltd
VP & Global HR Head

Dr ARUN BALAKRISHNAN
Omniactive Health Technologies Ltd Chief Scientific Officer

Dr BESHMA TEWARI
Artemis Hospitals Director Critical Care (ICU)

Dr SHEKHA TIWARI
T John College Principal

FAIYAZ ENGINEER
ACG Sr Project Manager

GAGAN JYOT
BMSI Pvt Ltd Senior VP, HR

GANESAN S
Bonso Manufacturing Co Pvt Ltd
Senior Manager, QA

GAURAV SETH
BERO Software Solutions Architect

GURJODHPAL SINGH
PayU Payments Pvt Ltd
Senior VP & Business Head

HARI CHARAN RAO
Rakuten India Enterprise Pvt Ltd
VP Engineering

HARISH SOUNDARARAJAN
Bonso Consulting India Pvt Ltd Research Manager, Indirect (Services) Procurement

HARSHAL ICHALE
Gozoop Online Pvt Ltd Lead Editor

HEMANSHU KUMAR CHAUHAN
Havells India Lighting Ltd
Head-Sales & Marketing

JAYESH JOSHI
Newgen Infotech Pvt Ltd
Senior VP & Business Unit Head

KALYAN KADAM
Shree Ashtavinayak Glass Pvt Ltd
General Manager, Operations

KEVIN FREITAS
DreamTV Fantasy Pvt Ltd Chief HRO

KINCHIT SHAH
Ami Lifesciences Pvt Ltd
General Manager-AOL

KRISHAN KUMAR GAUTAM
EdCIL (India) Limited
Manager, CEAS Division

KRISHNAN KALYANARAMAN
Ozone Group VP-Legal

MALLIKESWARI PANNEERSELVAM
Bonso Consulting India Pvt Ltd Team Lead

MANAN LAHOTI
L&L Partners Partner

MANISH SHARMA
Dunelounby Product Development Director

MANOJ NAIK
Newgen Infotech Pvt Ltd Senior Operations Manager

MANOJ PRAMANIK
Cleanpolis India Pvt Ltd
Regional Manager Operation

MIGUEL MUNOZ
Mahindra Holidays & Resorts India Ltd Chief Resorts Officer

MINI SHARMA
BSI Group India Pvt Ltd
Director, Assurance (Assessment & Training)

MUKESH SHARMA
QA InfoTech Software Services Worldwide Founder & CEO

MURALI KRISHNA GANNAMANI
Floorsgrid Limited Founder & CEO

MUSTUFA BATTERYWALA
Impetus Infotech India Pvt Ltd Senior Performance Architect

NSS Annual Special Camp March 2019 by T.John College

Date:04-04-2019

NSS Annual Special Camp March 2019 by T.John College

Introduction: T.John College had conducted a National Service Scheme Annual Special Camp from 29th March to 04th April, 2019 at Art of Living International Center, Kanakapura Road, Bangalore.

The student volunteers of the NSS Unit T.John College participated in the camp for a week time with great energy and enthusiasm in being a part of serving for the upbringing of society & personality development is responsible for the ultimate character of students and their behavior in the field even after graduation. This report contains details of the particular activities conducted during the camp.

DAY 1 :- 29th March 2019, Friday - Inauguration

On March 29th 2019, The NSS Annual Special Camp was inaugurated by Mr. Nishant Amar, Administrator, Art of Living International Center, Kanakapura Road, Mr. Arun Kumar.R, NSS Program Officer, Ms. Jayashree, NSS Co-ordinator of T.John College along with the student volunteers of NSS Unit T.John College. Guest of Honor was presented to Mr. Nishant Amar who gave welcome address to the students in briefing them about serving the society and role of youth in the upbringing of the society, he encouraged and motivated the students to always be happy and share the love with fellow human beings and explained them the Sanskrit meaning of "SEVA". In presence of the Guest all the NSS Volunteers took NSS Pledge and Inauguration ceremony was concluded by giving Vote of Thanks.

DAY 2 :- 30th March 2019, Saturday Campus Tour, Shramdaan, Guest Talk on Control on mind by Mr. Vinodh Kumar and Visit to the Village for Awarness Program

On March 30th 2019, NSS Flag Hoisting by Guest every day early morning at 6.00 AM with students singing the NSS anthem followed by Yoga & Meditation classes every day. Student Volunteers everyday involved in **Shramdaan** in cleaning activities in the garden & fields. Student Volunteers were taken to the Campus Tour where students witnessed the facilities in the campus like Vedic Learning School, Gardens, Old Ashram, Sri Sri Ayurveda Hospital and Goshala. Later in the afternoon Mr. Vinodh Kumar faculty from Art of Living International Center delivered guest talk on controlling mind, he spoke on how youngsters should be

focused on their education and setting up their career, he also discussed about different patterns and techniques of breathing. Students had activity based learning, he threw light on how to concentrate & be focused. In the evening students visited village and gathered children and created awareness on meditation and yoga for the people of village.

DAY 3 :- 31st March 2019, Sunday Shramdaan & Motivational Talk on Environmental & Social Welfare

On March 31st 2019, NSS volunteers visited Permaculture fields and attended **"Motivational Talk on Environmental & Social Welfare by Mr. Binay Kumar Singh"** a former corporate employee turned farmer and a responsible Indian whose interest is in Environmental and social welfare activities in the country. Students were more interesred in his motivational and awakening session where he spoke on preservation and limiting usage of water, white revolution and permaculture. Followed by volunteers attended field work where in they learnt how to make organic composite and they were also involved in fixing the name plates for the plants and tress. Later in the evening students had attending satsang in Visalakshi Mantap every day as a personality development program. After dinner students everyday had been working for half an hour in kitchen.

DAY 4 :- 1st April 2019, Monday Shramdaan & Guest Lecture on ISO Mega Kitchen

On April 1st 2019, Student Volunteers were divided into three groups. Two involved in Swacch Bharath and one group involved in data entry work. Students attended **Guest Lecture on Mainatananince of ISO Mega Kitchen by Mr. Sourabh,** HOD of Kitchen, Art of Living International Center. He spoke on the systems and procedures used in the kitchen, techniques and strategies used in preparation and serving of 15,000 meals a day without any quality issues, reduction of waste and use of bio gas from the waste in kitchen. Later students were taken to the kitchen visit where the machines and their features were explained to students.

DAY 5 :- 2nd April 2019, Tuesday Shramdaan and Visit to Old Age Home

On April 2nd 2019, Student Volunteers in the afternoon visited Shanthidam Home for Senior Citizens with snacks, fruits & biscuits. The program started with dance & singing performances in front of aged people in the home followed by speaking

to all the inmates of the Old Age Home. All the senior citizens were so happy looking at the students and blessed all the student volunteers to grow big in their lives.

DAY 6 :- 3rd April 2019, Wednesday Shramdaan & Guest Lecture on Sanatana Dharma

On April 3rd 2019, Student volunteers were divided into three groups. All involved in Swacch Bharath activity in three different locations. Students attended **Guest Lecture on Sanatana Dharma by Prof. Srikanta, Nodal Officer, Youth Red Cross, Bengaluru Central University** he firstly asked all the students about what is their Goal/Aim in life, later he taught them why is it important to setting goals in life as a student. He brought out the teachings from Vedas & Gurukul of ancient times, the lifestyle of those times & richness of the culture & tradition in India. He also taught students the teachings of Swami Vivekanada, and students to be educated, focused & discipline can get everything in their lives. He sung songs of NSS and patriotism and explained the depth of meaning in the songs to the NSS Volunteers.

DAY 7 :- 4th April 2019, Thursday Gardening Work, Cultural Program & Games and Thanks Giving – Feedback Sharing - Concluding Session

NSS volunteers took up the work of gardening and plantation in the morning. As the final day of the camp the students participated themselves in the cultural activities and games for their personal development. Valediction program was conducted; the Art of Living staff shared their feelings about the camp and students participation which received a lot of appreciation from them. Students also shared their experience and their learning in the camp, particularly learning Yoga, Pranayams, Aasanas, Time & Stress Management, Not wasting food or water, they then thanked Management, Principal of T.John College for providing such an opportunity for learning and service to the society. They also thanked Bangalore University – NSS Unit & Art of Living International Center. It was concluded by giving vote of thanks to everybody.

The Camp was co-ordinated by Mr.Arun Kumar.R, NSS-Unit Head, T.John College and other co-ordinators Mr. Govind Kumar & Ms. Jayashree.


BANGALORE UNIVERSITY
NATIONAL SERVICE SCHEME
T. JOHN COLLEGE
NSS ANNUAL SPECIAL CAMP 2018-19








NATIONAL SERVICE SCHEME
T. JOHN COLLEGE















Industrial visit to Karnataka State Natural Disaster Monitoring Center

Date:26-03-2019

Department of Management studies, T.John College arranged an Industrial visit to Karnataka State Natural Disaster Monitoring Center (KSNDMC) on 26th March 2019 for IV semester MBA and II semester MBA Sec-A students.

The entire Visit gave a very good insight on the natural disaster precautions and the present climatic conditions in the entire state of Karnataka. The technicality of collecting the data related to climatic conditions, rain calculation and drought are explained to the students.

Students also gained knowledge about hydrological weather conditions, prevention measures from lightening occurrence and the usage of technology for assessing it.

Overall it is a very good learning experience for students. Thanks to the organization KSNDMC for providing us the permission. The visit was organized by Dr.Karpagavalli.G, Asst Prof.MBA Dept. Thanks to the faculty coordinators Dr.Trupti and Dr.Renin who accompanied the students for the visit.









Sports Day – MBA and M.Com

Date:25-03-2019

The Department of Management Studies, conducted the sports day with high level of enthusiasm and participation from the students on 25th March 2019. It was a day filled with energy, passion and competitiveness, as the participants put in their best, cheered and enthused by an enthralling audience.

The day started off with the volleyball competition. After the initial screening, the finals boiled down to the MBA second Semester (B Section) and MBA fourth semester. The first prize, after an intensive display of attacking games, went to the MBA second semester students. The prize for throw ball (girls) went to the M.Com team. The much fancied finals of the cricket match saw the best from MBA fourth semester locking horns with the best of cricket talent from MBA second semester. The first prize was bagged by MBA second semester.

The day witnessed high octane energy throughout, and turned to be a day to be cherished for a long time.













Vote for better India Campaign by NSS Volunteers of T.John College

Date:22-03-2019

Vote for better India campaign that is a programme, it works to promote democratic values. It makes voters aware to realize value of their invaluable vote for strengthening democracy.

On 22nd March 2019, a program was conducted by the NSS Unit of T.John College. Campaign has not only been for spreading the awareness to people in locality but also making youth aware to realize the value and importance of their vote. This is more important to make them understand the voting mark on their finger is mark of responsibility towards the nation. Youth are power to the nation and they can make nation powerful. Vote for India works with deep concentration among youth for making them aware to cast their vote as well as to be messenger or volunteer for Vote for India campaign for spreading voter awareness messages. Volunteers went to the nearby village Basavanapura as a group and spread the word about voting from home to home, door to door, shop to shop and person to person. The program was organized by Mr. Arun Kumar.R, NSS Programme Officer, T.John College and accompanied by faculty members Mr. Govind Kumar.B, Mr. Kunal Sodhi and Mr. Viji George.




T.JOHN
GROUP OF INSTITUTIONS
T. JOHN




T.JOHN


YOUR COUNTRY'S


YOUR COUNTRY'S
FUTURE IS IN YOUR
FINGER TIPS

Lazeez 2K19

Date:14-02-2019

The annual food festival of the department of Hotel Management – LAZEEZ-2K19 was held on 14th of Feb 2019 at the T. John campus grounds between 7:00 pm to 11:00 pm.

The fest was held on the "Valentine's day" imbibing its theme. The theme mixed well with the lighting at night and the props used and looked stunning.

The fest drew its legacy with a foot fall of 1000 plus guests to relish various cuisines across the world. The event saw a mix of in campus students, parents, industry experts, professionals of various fields of work, students and teachers from schools and colleges across Bangalore and Media.

Apart from the various food offered, the event also kept the guests engaged with lots of games, Magic show, DJ, Juggling, Flaring and Rock Band.

Laurels and appreciations rained on the organizers, making it a milestones event of the campus. The event was a great success in all peripherals of operations and we are proud of our students and teachers who put in their total effort to make this event a grand success.




Ladies

















Industrial Visit to kadhi Exhibition

Date:31-01-2019

II, IV and VI semester students of T.John college- Fashion and Apparel Design Department had visited **kadhi exhibition held in freedom park** Bangalore, on the 31st January 2019. The visit was highly informative and the students had gained adequate practical knowledge in the areas of hand weaving ,hand woven fabrics, traditional embroideries and various products made of kadhi and its price ranges ,they also gained knowledge about usage of kadhi and its importance.







ETHNIC DAY by T. John College 2019

Date:26-01-2019

In the era of modernization and westernization when most of the people are moving away from their own culture and history, events like Ethnic day enable the young generation to revive love and respect for their own culture and history.
Ethnicity plays a major role in how students' personality is shaped. The students were provided with an opportunity to celebrate the diversity of vibrant and colourful India. The whole campus seems to be charged with ethnic atmosphere. When a **mini India** was created with students in their dazzling, colourful, exquisite traditional apparels.
The Ethnic Day in T JOHN COLLEGE was celebrated on 26th January 2019 which was also a republic day. The theme for the big day was "UNITY IN DIVERSITY". The day was composed of two big events Rangoli and Dance competition.

The day started with Flag hoisting, rangoli competition, dance competition followed by declaring the winners of the day. The Department of Computer Applications won the First place.
It was indeed a pleasant break from the monotony and the subtle major impact- **the feel good factor** had a very favourable effect.














YAMAHA


YAMAHA




ETHNIC
DAY




ST JOHN COLLEGE
ETHING
DAY



Burlington English Training Program for MBA Students of T.John College

Date:15-11-2018

An intensive business communication training, aimed at catapulting post graduate management students of T.John College to the global standards have been initiated. The first part of the training happened from 13th to 15th November 2018. This will be followed with intensive lab exercises and practices by the students. All the students of MBA have been given individual logins to the Burlington English software – a powerful self learning tool.

The first day of the training had an introductory session on the changing dynamic business environment, and the need for effective business communication. The chief trainer was Ms. Jacqueline Sowmya Natarajan from Burlington English. This was followed by group discussion. The second and third day was devoted for lab exercises. Also a special placement oriented training session held for MBA final year students.






https://www.tjohncollege.com/event/details/1054

Voluntary Blood Donation Camp Organized By NSS Unit of T.John College

Date:05-10-2018

NSS unit of T.John College in coordination with Lions Blood Bank and Bowring Hospitals organized a Blood Donation Camp on 05th October 2018.

Dr.Shikha Tiwari, Principal of T.John College supported this initiative to make it a successful social responsibility orientation of the institution toward the concept of blood donation.

The event started at 9.15 AM in the premises of T.John College where students started donating their blood. The complete arrangement was made with full facilities required for the event.

The campaign got a shot in the arm with the surprise visit of Chairman Dr.Thomas P John who met the organizers, the volunteers and the donors. The facilitators presented Mementoes to our Chairman for the wonderful gesture and the involvement of the faculty and students.

By 3.30 PM 148 units of blood were collected. This event gave an opportunity to students to realize their responsibility towards society and removed their fear and apprehensions about blood donation. This event was marked with a number of girl students of T.John College donating blood. The camp was organized by Mr. Arun Kumar R, Coordinator NSS unit and Volunteers of NSS Unit of T.John College.



https://www.tjohncollege.com/event/details/995

Visit to Orphanage Home by NSS volunteers of T.John College

Date:08-09-2018

A visit to remember, on 8th September 2018, as part of Social Service Activity, volunteers of NSS Unit T.John College organized a visit to Orphanage Home called Bala Yesu Bhavan in Kalena Agrahara, Bengaluru. Our principal Dr.Shikha Tiwari and Mr. Arun Kumar.R, were the motivators for huge collection of Food and Stationary items from students and staff of all departments. These collected items were distributed to children of Bala Yesu Bhavan. The Orphanage Home was started in year 1992 that offered accommodation and education for orphans. This orphanage home is running with children as young as three years to an age of about 15-16 years.

Students from Social Service club visited the orphanage home conducted some mind games and activities among the children belonging to different grades and also distributed the prizes for winners, children sung and also danced with happy which was a humbling experience for NSS Volunteers. Gifted items included Food items such as biscuits and other dry snacks, Stationary items like books, pens, erasers, scale, sketch pens, crayons and sharpeners. The quantity of gifts no doubt is very meager, when they have huge requirements of essential items to maintain and carry on such good work. It is very much important such activities must be more frequent and the events should be worked with a definite goal, making it more purposeful as part of noble cause. The visit was only for a few hours but it left a lasting impression on all of us. Our initial enthusiasm soon turned into empathy and sadness as we took round to visit the ashram and spoke to children of the ashram individually and learnt about their difficult past and present. It brought smile and happiness to the children which are immeasurable in terms of quantity. Children thanked the team for that initiative of us.



https://www.tjohncollege.com/event/details/972

WeCon – Women Entrepreneurship Conclave

Date:04-09-2018

The girl students of MBA III Semester from T.John College attended a two day Women Entrepreneurship Conclave (WeCon) at Jain University on 3rd and 4th September 2018. The program was organised by All India Council for Technical Education (AICTE) and International Institute of Waste Management (IIWM). This program aimed at amalgamating the challenges of gender gap in entrepreneurship and waste management into an opportunity to empower women as well as manage the waste in country.

The first day session started with an online assessment of the students on two avenues – their entrepreneurial skills and knowledge about waste management. The second half of the program witnessed an open house interaction of the students with established entrepreneurs. The second day session had felicitation of eminent women in waste management and release of mentor's directory. This was followed by technical session of entrepreneurship in waste management and session on financial empowerment for entrepreneurship. The program was a success in highlighting and serving as a motivation for potential women entrepreneurs.







Interactive session on Business Language Skills

Date:05-09-2018

Communication plays an important role in all aspects of a business. Effective business communication helps build a good relationship between the employer and its stakeholders which helps increase productivity and the company's bottom line. To emphasize on this on 5th Sept,2018 Department of Management Studies organized a guest lecture on Cambridge certified Business English Communication as it focuses on boosting employability, help excel in doing & writing projects through LSRW skills. The four major skills of language learning, listening, speaking, reading and writing provide the right key to success. Mr.Venkatessh Sharma, Founder & CEO of MeriTrain organization exposed the students to the concept of Business Language Lab. He elaborated on how often reading and writing skills are given more importance over the other two skills. Ideally, listening and speaking should take prominence over reading and writing when any language is being learnt. Through an activity-based session students understood the benefits of naturally acquiring language. It can be enhanced when the opportunity to listen to and speak in the target language is accelerated.





Participation in the Green Sunday (Tree Plantation)

Date:12-05-2019

The Students of the Department of Management Studies (II semester MBA & M.Com), T.John College, participated in the Green Sunday (Tree Plantation) event on 12th May 2019, organised by Adamya Chetana NGO at Sompura, Bangalore.

Adamya Chetana today has touched the lives of thousands through its various projects across its core themes of **Anna**, **Akshara** and **Aarogya** *[Food – Education – Health]*. They have also taken up additional areas of intervention around – **Rural Development** and **Environmental Issues**.

As part of Environmental Programmes, every Sunday they organize Green Sunday (Tree Plantation) events in Bangalore urban and rural areas. About 20 students (II Semester MBA & M.Com) along with faculty coordinator Mr. Krishnarao actively participated and planted trees at the venue Sompura, Bangalore.

All students actively participated and showed interest to participate in such social events in the future. It was a truly amazing experience and provided a lot of satisfaction by participating in a social event for a good cause on Sunday.









https://www.tjohncollege.com/event/details/1186

Social Service Club Activity by MBA & M.Com Students – Visit to Desire Society

Date:17-05-2019

With the increasing demand of MBA students managing NGO's and paving a career in social sector, it is important that students share a feeling of compassion and oneness to social causes. The **Social service club of Management studies Department of T. John college** is making efforts in this direction to bridge those gaps.

Our students visited' **Desire Society – Caring for HIV and AIDS** children to gather information on what it takes to care for children with this dreaded disease, and understand the working of this organization.

Team also collected donations for this activity, stationary items, note books, pens, food items (Biscuit packets, Atta etc.), bought and given to the society.

The team of 22 students (IInd Semester MBA & M.Com) accompanied by Mr. Krishnarao, faculty coordinator of Social service club, visited and activity participated whole heartedly for a good cause.

There was singing, dancing and musical chair activities in which all actively participated and had a good quality time with children.

In short it was an experience to cherish. Making them part of the spending quality time with them, kept students and the children happy. Such opportunities will be an eye opener for the new generation managers and will look at social sector engagements with a lot of passion.

This initiative from the club shall go a long way in shaping lives of youngsters to increase their accountability to the society in support of the lesser privileged.





https://www.tjohncollege.com/event/details/1191

Visit to Sion Spiritual Centre

Date:18-12-2019

T John College visited SION Spiritual centre home on 18/12/2019 accompanied by their students of the Social Service Club, PG Departments. They were accompanied with the faculty members and the Principal of T John College. They shared a moment of happiness with the elderly people residing in the SION Spiritual centre.

“The best way to find yourself is to lose yourself in the service of others”
-Mahatma Gandhi

Keeping this quote in the mind, our Social Service club students served elderly people with sweaters and celebrated the season of Christmas by sharing few moments of joy and sweets. They spent a good amount of time with them and enjoyed and learned a lot from their life experiences.

No education is complete without serving people is in need. The Social Service club has always sought to inculcate a sense of service among the students. This visit was an unforgettable lesson for our students because they learnt so more more about the problems of real life, and something about sharing and caring.





https://www.tjohncollege.com/event/details/1406

Swacch Bharat – Cleaning activity at a nearby Village by the Social Service Club of the Management Studies Department of T. John College

Date:18-05-2018

The Social Service club of the Department of Management Studies T.John College, was engaged in Swacch Bharat campaign at the Hakki Pakki Tribal colony close to the Bannerghatta National park on 18th. May 2018.

About 20 students with the coordinating Teachers- Mr. Lokesh and Dr. Nilanjana Basu, spread the awareness in the area on waste disposal and its management. They cleaned the locality and briefed the villagers on reutilizing the organic waste.

Some students of the team are now involved in writing a project plan on the challenges of inorganic waste collection in the area. This project will be presented to NGO's working in the same lines.



https://www.tjohncollege.com/event/details/898

Kerala Flood Relief – contribution by the MBA III Semester students of T.John College

Date:24-08-2018

Kerala…..God's own country, neighbouring state and home for most of the students, bore the wrath of nature recently. The beautiful state of Kerala is slowly limping back to normalcy. It saw people of all faiths, religions, languages, occupations, castes and creed come together to lend a helping hand.

The MBA III Semester students of T.John College took it up as their social responsibility to help the needy people. They started their campaign on 18th August 2018 to support the Kerala flood relief camps.

They divided themselves into three teams location wise – BTM layout near Jayadeva hospital, Basavanapura and Gottigere and successfully managed to collect necessary goods worth Rs. 1.4 lakhs. With this mission, they identified their capability towards convincing people and achieving targets. It gave them a huge opportunity to put into practice their classroom learning.

Most of them took part in this noble cause. Jithu Baby Alex and Vivek K.Vimalan (MBA III – 2017-19), represented the students and took upon themselves the responsibility to personally oversee the delivery of the relief items collected, to the Alapuzha DMO Office with the help of South Bangalore Malayalee Association.



https://www.tjohncollege.com/event/details/954

Unnat Bharath Abhiyan activity by Village Officer representing Department of Commerce at Bannerughata

Date:06-02-2020

Prof. Bindu KN, faculty, Department of Commerce along with 30 female students of **B.com** visited villages in Bannerughatta to conduct '**Awareness on Menstrual Hygiene'** for the women of Bannerughatta. This was conducted under the aegis of **Unnat Bharat Abhiyan (UBA),** a flagship program of the Ministry of Human Resource Development (MHRD), Government of India.

The team covered over 85 households in the areas of **Ambedkar Nagar**, **Champakadhama Temple Street**, **National Park Road**, **Hakki Pikki Colony**, **Janata Colony** and a government high school – **Champakadhama Proudha Shaale.**

The students distributed sanitary pads to the women, creating awareness among them about the benefits of using them and educated them about the harmful effects of using cloth during the menstrual period.

These students distributed free pads in newspaper bags hand made by the students themselves. They also educated the people of the villages of the harmful effects of plastic on the environment and encouraged them to make and use paper bags.

The activity was extremely engaging for the students. The students and faculty came back with a feeling of fulfilment – to be able to have done their bit for rural development process which is part of the mission of UBA.





https://www.tjohncollege.com/event/details/1453

Visit to Sion Spirituality Centre by M.Com Social Service Club members

Date:18-12-2019

Sahana Maria & Akshita SN, students of M.Com I semester, both members of Social Service Club visited the Sion Spirituality Centre in Hosur, on 18th December, 2019.

Their experience in their own words:

"We got an opportunity to take a peek into the lives of the aged in an old age home and spread happiness by distributing Christmas gifts, snack and Christmas cake. It was a blissful experience. The place was a spiritual centre that provides shelter and spiritual and physical support to the aged who have been placed there for various reasons. The faculty conducted games, sung Christmas songs, and performed a dance for them. They enjoyed it a lot. Seeing their eyes light up with happiness was a humbling experience for us. We were inspired by the fact that they grow their own vegetables and fruits in their premises which is used in preparing the meals. We feel blessed to have got a chance to meet them and mingle with them and to know their life stories. We thank the management of T.John College and our Principal Rev Sr. Rose Mary for this lifetime experience."

The students were accompanied by our Principal, Rev Sr. Rose Mary and the faculty members of T.John College. The T.John College staff whole heartedly contributed money for this charitable event. The cash collected was used to buy sweaters and pullovers for the aged. The Christmas cake was distributed to everyone. It was prepared by our Hotel Management Department and sponsored by management of T.John College.



https://www.tjohncollege.com/event/details/1404

Awareness Programme organised by Women's Cell

Date:29-08-2018

Women's Cell organized an awareness programme on PCOD and menstrual problems for all the girl students of TJC on Wednesday the 29th of August 2018, from 1:30 to 3:30 PM at B Block seminar hall in the campus, coordinated by Mrs. Maithreye. The programme started with welcome address by Dr. Trupthi and introduction of the speakers.

Mrs. Chinnmaye Praveen, an academic counselor and founder of Vistaara an NGO, addressed the students on holistic healing, captivating life by working on layers of life. It was enlighting to hear from Dr. Seetha Desai, practioner in acupuncture and cup therapy. She spoke on acupuncture and how it can help treat PCOD. She also demonstrated the pulse study and colour therapy in solving ailments. Nutristionist Ranjani Raman from Nutrition Tattva spoke about nutrition intervention to manage hormonal issues, especially PCOD as a part of awareness programme. The programme ended with vote of thanks by Mrs Deepali. The students were very comfortable and opened up with various questions to seek answers with the speakers. The speakers were happy with the overwhelming response from students. It was an interactive session and was beneficial to the students






https://www.tjohncollege.com/event/details/952

2016-2017

Workshop at NIMHANS: MANAGING ANGER - FEELING CALMER

Date:04-06-2016

On the 4th of June 2016, T. Johnites got the opportunity to spend the Saturday at a Workshop held at NIMHANS Centre for Well-Being (NCWB) here, in Bengaluru. The workshop was conducted by Dr. Seema Mehotra and, Dr.Jyothsana. It was a part of workshops in their Personal Growth Series, called "Managing Anger – Feeling Calmer. The workshop was timed at 9:30 to 16:30.

The workshop covered topics from Positive Psychology, Counselling Psychology, Emotions, etc, and coupled them with interesting activities and case studies. The event saw a milieu of participants ranging from counselors, psychologists, professors, students, and enthusiasts from pan India. Overall, it turned out to be an eventful experience as reported by T. John College's Asst. Prof.Pavithra R and student Supriya Roy.

The Celebration of International Yoga Day in T. John College

Date:21-06-2016

The International Yoga Day was celebrated on 21st of June, 2016 with great enthusiasm and fervor at T John College. The Auditorium was filled with yoga enthusiasts - teachers, staff members and above all, students. The session began with a welcome address to the gathering followed by a one hour practical session covering basic stretches and pranayam. A three member team comprising of Ms. Gauri R. Nair, Ms. Devi R. Nair and Ms. Divya Amuthan, all members and teachers of the Art of Living Foundation, took the gathering through a wonderful journey of yogasanas.

Ms. Gauri Nair is an international faculty of the Art of Living. She has been conducting Stress Management programs of the Art of Living for the last 17 years for people of all walks of life including students, business persons and professionals. She has traveled widely within India, Bhutan and Sri Lanka. A Commerce graduate, she has also done her management education from IIM Ahmedabad. Ms. Devi Nair has been a faculty of the AOL since 2009. She specializes in the Living well program which aims at managing lifestyle disorders such as hypertension & diabetes.

Ms. Divya Amuthan is a yoga trainer and well versed in AOL programs. The overall session lasted more than one hour with the final 15 minutes concentrating on methods of meditation and its benefits. Since all the participants were advised to eat a very light breakfast, the celebrations ended with refreshments for all. It was wonderful to see people of varied backgrounds and interest gather together a support the cause of creating awareness about holistic lifestyle. The session was an excellent experience. It offered spiritual solace and relaxation to the participants. The session was also instrumental in reducing stress and making the participants happy. The programme received a very enthusiastic response from the participants. This event was made possible by the tireless efforts of Dr. Shikha Tiwari, Principal T John College and Ms. Hemalatha Doddamani, Vice Principal, T John College.











Workshop On Gender Sensitisation By Sparsh (Sexual Harassment Prevention And Gender Sensitisation Cell) , Bangalore University

Date:24-06-2016

SPARSH (Sexual Harassment Preventive and Gender Sensitisation Cell, Bangalore University) held a workshop on Gender Sensitisation at the Jnanabharthi campus of Bangalore University on 24 June 2016. The workshop was attended by Dr. Nilanjana Basu (Exec. Director, MBA) and Asst. Prof. Nobin K. Philip (MBA) representing T John College, Bangalore.

The session was inaugurated by Dr. Samata B. Deshmane (Professor, Sociology Department, Bangalore University). Prof. Cynthia Mendez (Nodal Officer, The gender Sensitisation Cell, Bangalore University) led the fist session on the topic Gender Inequality – Existence, Cause, Consequences, Management. She provided insight into the gender inequality prevalent in the society and the importance of gender sensitization for achieving gender justice and equality in the society.

The second session was handled by Dr. Sheela Jayanth (Enfold proactive health trust) on the topic Empowering Girls – Birth to Adulthood. Dr. Sheela. Dr. Sheela stressed on the importance of starting gender sensitization from childhood days when the gender identity develops among kids.

Ms. Kushi Kushalappa, (Head, Community Projects, Enfold Proactive Health Trust) led the third session on the BU policy regarding sexual harassment. She detailed on the working of SPARSH - Sexual Harassment Prevention and Gender Sensitisation Cell, Bangalore University. Major Bhavna Chiranjay (retd.) (Swakshatra) led the post lunch session as a Self Defense Workshop on Attitude, Awareness and Ability Building, which included training sessions on awareness and self-defense.


info@sparshbub.in
SPARSH CBT
http://www.sparshbub.in









Campaign Against Drug Abuse

Date:27-06-2016

‘International day against drug abuse and illicit trafficking’ was held on June 26, 2016. T John College took a major step to promote this as we conducted a campaign about the drug abuse. This campaign was conducted on 27 June 2016, in the campus. We discussed about the types of drugs used these days by the adults as well as the teenagers.

As the UNODC has declared, in a span of six years this is the first year where we have 29 million drug addicts around the world. We also briefed them about the effects of how it has a bad impact on the society as well as the home surroundings. Due to peer pressure students are getting attracted to the murky world of substance abuse. The students from the B.A. Dept. conducted the campaign, going to the different classes and spreading awareness regarding this matter.

T John College has a Counseling cell where the teachers themselves have taken charge of the counseling of those students who are into this. We also have a Students Grievance and Welfare Cell where all kinds of drug dealing or abuse happening in the college premises can be discussed about and complained against. Information regarding the Students Grievance and Welfare Cell has also been conveyed to the students in the campaign.


NO









HEALTH CAMP BY NATURE CLUB

Date:15-07-2016

Bioscience department driven Nature Club of T John College has organized a health camp on 15th July 2016 for the students as its first activity for running semester. This camp included health check up with respect to:

1. Body Mass Index(BMI)
2. Height to weight Ratio
3. Total Fat Content
4. Subcutaneous Fat
5. Visceral Fat
6. Resting Metabolism(RM)
7. Actual Body age

43 Students have checked their health parameters.All the students were very excited to know about their health status. Nature club is all about caring the nature and human body is one of the greatest gift of Nature. So, This was a small baby step towards serving and maintaining the nature.







T.John College has organised Intercollegiate Competitions of ‘Hindi Saptha’

Date:16-09-2016

The Literary Club ‘SPARK’ of T.John College organised intercollegiate competitions as part of the ‘Hindi Saptha’ on 16th September 2016. The event had different colleges coming in and participating in the competitions. The main events held were Hindi Debate, Hindi Dumb Charades and Hindi Essay Writing. The program started at 10:30 am at BHM seminar hall.

Supriya Roy was the student coordinator . Raksha.B and Shashi Shekhar Malhotra hosted the event. The event was organised to celebrate the Hindi Saptha and to enlighten the students on the literary value of the language. The event fulfilled its purpose as it turned out to be a success.









Faculty Development Program – Two Day National Workshop on Consultation and Discourse on Teaching

Date:19-10-2016

Dr.Felcy Judith, Ms. V. Bhuvana of Computer Applications and Mr.Justy of BHM department attended the two day National workshop on Consultation and Discourse on Teaching organized by IQAC of Christ University on 19-20th October , 2016. The two day workshop was well organized and the resource persons who conducted the various sessions had rich teaching experience. The first day of the workshop covered various topics such as Motivation in teaching, Teaching skills, Effective classroom communication skills, Class room management, Discourse on effective ways of teaching. The participants were from various parts of the Country. All the sessions were lively, filled with debates and all questions were met with open mindedness and answered effectively.

The Second day of the workshop covered Outcome based learning, Teacher behaviour management, Good teaching, Using media in teaching and the workshop offered individual consultations by subject matter experts. Overall the workshop was well organized and the participants gained insights into different aspects of effective teaching from the experts.




INTERNAL QUALITY ASSURANCE CELL
(IQAC)