

Name-Reena Chopra

Designation – Assistant Professor
Specialization: Finance & HR

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Qualification

-MFM, MBA (HR), M.Phil. (Ph. D.)
- (Additional B.Ed., PGDCA and Certified HR Trainer and ICF certified Life Coach)

Work Experience

Corporate – 1 year
Entrepreneurship and Training – 2 years
Academics – 12 years

Courses Facilitated

- Risk Management & Derivatives
- Financial market and services
- International Finance
- International Business
- Banking and Finance
- Human Resource Management
- Organizational Change management
- Organizational Behaviour
- Industrial Relations
- Corporate Environment
- SHRM
- Production and Operations
- Financial education and investment analysis
- Managerial Skill

Member on Committee/ Editorial Board

Reviewer for INSC International publishing Platforms and for Technical

Career Summary	Ms. Reena Chopra has a rich background with 15 years of experience in Academic, Training and Corporate which includes working as Admin & Accounts executive in Corporate, L&D Consultant in an educational Academy, HR Trainer for providing HR professional Training programs and Assistant Professor in Management colleges for teaching Finance, HR subjects. She is currently working at T John College as an Assistant Professor. She is the founder of RC Buildup Brainery accredited to the Indian Leadership Academy to provide HR professional training and upgraded her as an ICF certified Trainer and Balanced life coach to consult the barriers to unleash the potential. She is the author of a book on Balanced life and coauthor of two anthologies, available on Amazon. She got Young Researcher Award 2023 from the INSC.
Research Interest	Work-Life Balance, Rewiring the state of mind, HR data Analysis and SHRM
Research Publications	• Presented paper in SFS College in National Seminar on '**A New Milestone Agenda for Corporate Culture and Growth**' on "The Dawn of Company Act 2013: Challenges and Opportunities for Corporate Growth" and published in ISBN: 97881-967155-1-8. In Jan 2014 • Presented paper in Sri Aurobindo First Grade College for Women on the topic '**Tourism Innovation and Development**' in a state-level conference on "Service Sector: Emerging Business Opportunities and Challenges" and publish in ISBN: 93-80023-33-2 in Dec. 2014 • Presented and published a paper in the national conference of Krishna Degree College on the topic "**HR Management Techniques for Employees**" in ISBN: 978-93-5258-833-6 in March 2016 • Presented and published a paper in the international conference IFIM College on the topic "**Environment Governance: Issues and Challenges**" in ISBN 978-81-909750-0-1 in March 2017 • Published paper on the topic "**A Study on Stress Management for WLB of Employed Women**" in KVIM journal of Management, Coimbatore with ISSN:2395-2156, Volume3, Issue 1. • Presented and published a paper in the conference of Acharya Academy of Management Studies on the topic "**A study on HR techniques on WLB to improve Organizational effectiveness with reference to IT industry**" with ISBN: 978-81-909372-4-5 in Sep. 2017

events under Management & Social Science **Professional Membership** Member – LMINSC as a Life member		• Presented and published a paper in IFIM college on the topic '**A Comparative Study on Quality of Working Life of Employees in Different Sectors with Reference to IT & Manufacturing Industries**' in the journal of IFIM International fusion 2018 with ISSN 2349-8684 in March 2018 • Published paper on topic "**Work-Life Balance Strategies for Organizational Effectiveness**" in journal KVIM with ISSN 2395-2156, vol-4, issue-1 in April 2018 • Published paper on topic "**Impact of Digitalization on Employees Work-Life Balance In Corporates**" in International Journal of Creative Research Thoughts, ISSN: 2320-2882, Volume 8 in August 2020 • Published paper on the topic **"Impact of COVID 19 on work-life balance**" in International Journal of Research and Analytical Reviews (IJRAR), E-ISSN:2348-1269, P-ISSN:2349-5138, Volume 9, Issue 1 in January 2022 • Published paper on the topic "Study **on WLB: Challenges and Solutions**" in the Journal of Emerging Technology and Innovative Research (JETIR), ISSN UGC Approved (journal no. 63975), Volume 9, Issue 6, 28th June – 2022 • Published on the topic "Gender and Politics: Examining Women's Representation and Empowerment" in the Scopus Q2 Journal of Namibian Studies with ISSN: 2197-5523 in May 2023
	Books / Chapters	Book Author "A Walk on a tight rope" Anthology Co-author "Republic of India" Anthology Co-author "Heartbeat for You"
	Activities	**Invited as a Resource person by** • St. Teresa College for International Faculty Development Program on Case study analysis in teaching. • Guru Govind College in Delhi for Guest Lecture on Life skills for success. • Indian Leadership Academy for Speak up session on Emotional Intelligence and Motivational talk • Grab guidance Co. for a guest talk on career in HR • Interview on the channel of Brown book publication on Balanced Life • Interview by Business Coach YouTube channel on How to lead a happy and balanced life • Interview published in Big magazine as Life Coach • Handled responsibilities of Student development committee, Social emersion program coordinator, Class Coordinator, Cultural Committee, Teaching, Dept. Reports Coordinator, IQAC Member, University Examiner, evaluator and Squad, Project Guide for BBA & MBA students, Mentor, HR Professional Training, Club Coordinator, Event Coordinator, Guest speaker, and Judge for many competitions.
	Seminar Conferences Attended	• National Seminar on The Dawn of Companies Act 2013: Challenges and Opportunities for Corporate Growth, SFS College • State-level conference on "Service Sector: Emerging Business Opportunities and Challenges" at Sri Aurobindo Women first-grade College, Bangalore • International Conference on Digital Business: New Frontiers in Management held at IFIM Business School

		• International Conference on Innovation Management in the knowledge-Driven Economy held at Sri Krishna Degree College, Bangalore • International Conference – Fusion 2017 in IFIM College, Bangalore • International Conference on "Ecosystem for Growth of Business" in Acharya Academy of management studies
	Rewards/ Recognition	Young Researcher Award 2023 from the INSC (Institute of Scholars) Certification for HR Generalist, Payroll Analyst, Recruiter, Train the Trainer International Trainer and Coach